

**ANNUAL**  
**CURRICULUM**  
**PLAN**

**CLASS XII ARTS**

**(SESSION: 2016-17)**

## SCHOOL CURRICULUM GOALS

The Curriculum will adopt the following goals:

- To create a connect between learners' spiritual, ethical, social, cognitive, mental and physical growth and development;
- To nurture individuality and thus enhance one's innate potentials;
- To foster constitutional literacy and tolerance for different cultures;
- To develop scientific outlook and transformative competences, in order to meet the demands of changing society. The aim of education is not just to let learners obtain basic knowledge but to make them life-long learners. It is to nurture future citizens who are mentally and physically robust, assertive, confident, empathetic and helpful to the community, intellectually inquisitive and reflective, tolerant and with creative vision and global perspective. Schools will accomplish such standards through the promotion of values based learning activities which emphasize humanity, practicality, individuality, inclusiveness, and modernity. Such activities involve collaborations between oneself and others, individuals and the community, as well as humans and nature.

To achieve this, we must guide our learners to achieve the following curriculum goals:

- To enhance self-awareness and explore innate potential;
- To develop creativity and the ability to appreciate art and showcase one's own talents;
- To promote capabilities related to goal setting, decision making and lifelong learning;
- To nurture assertive communication and interpersonal skills;
- To learn to be empathetic towards others, display dignity and respect to the opposite gender, to contribute for the community, and focus on preserving environment;
- To foster cultural learning and international understanding in an interdependent society;
- To strengthen knowledge and attitude related to livelihood skills;
- To acquire the ability to utilize technology and information for the betterment of humankind;
- To inspire the attitude of functional and participatory learning; and
- To develop abilities related to thinking skills and problem solving.

### **Main Pedagogical Outcomes for Curriculum Learning Areas:**

- Learners use language to comprehend, acquire and communicate ideas and information and to interact with others.
- Learners identify, integrate and apply numerical and spatial concepts and techniques. They have clarity of concepts and are able to connect them to the real world.
- Learners understand and appreciate the physical, biological and technological world and have the knowledge, attitude, skills and values to make rational decisions in relation to it.

- Learners understand their cultural, geographical and historical milieus and have the knowledge, attitude, skills and values necessary to bring about transformation for a better India.
- Learners recognize the requirement of information, locate and resource it from a range of data available and evaluate, use and collaborate it with others.
- Learners identify, select, use technologies and are able to synthesize, innovate and discover newer technologies as required.
- Learners rationalize and reason about pre-defined arrangements, norms and relationships in order to comprehend, decode, validate and develop more relevant patterns.
- Learners think laterally, critically, identify opportunity, challenge their potential and are open to challenges. They are aware of consequences and take ownership of their deeds.
- Learners interact harmoniously with people and cultures from across the globe and are tolerant and empathetic towards others.
- Learners involve themselves in cultural pursuits as well as appreciate, respect and acknowledge the artistic, cultural and intellectual work of others.
- Learners value and engage in practices that promote personal physical as well as mental and cognitive development and well-being.

## EXAMINATION SCHEDULE

### AUGUST EXAMINATION SCHEDULE

Date	Subject
04.08.2016	Physical Education Practical
08.08.2016	Hindi
10.08.2016	Economics
12.08.2016	English
16.08.2016	Political Science
19.08.2016	Physical Education

### PRE-BOARD EXAMINATION SCHEDULE

Date	Subject
07.12.2016	Physical Education Practical
13.12.2016	Hindi
15.12.2016	Economics
17.12.2016	English
19.12.2016	Political Science
21.12.2016	Physical Education

## DETAILED SYLLABUS OF ENGLISH

### OBJECTIVES

#### **The general objectives at this stage are:**

- To listen and comprehend live as well as record in writing oral presentations on a variety of topics.
- To develop greater confidence and proficiency in the use of language skills necessary for social and academic purpose.
- To participate in group discussions, interviews by making short oral presentation on given topics.
- To perceive the overall meaning and organisation of the text (i.e., the relationships of the different “chunks” in the text to each other
- To identify the central/main point and supporting details, etc., to build communicative competence in various registers of English
- To promote advanced language skills with an aim to develop the skills of reasoning, drawing inferences, etc. through meaningful activities
- To translate texts from mother tongue(s) into English and vice versa
- To develop ability and knowledge required in order to engage in independent reflection and enquiry

At the end of this stage learners will be able to do the following:

- Read and comprehend extended texts (prescribed and non-prescribed) in the following genres: science fiction, drama, poetry, biography, autobiography, travel and sports literature, etc.
- Text-based writing (i.e. writing in response to questions or tasks based on prescribed or unseen texts)
- Understand and respond to lectures, speeches, etc.
- Write expository / argumentative essays, explaining or developing a topic, arguing a case, etc.
- Write formal/informal letters and applications for different purposes
- Write items related to the workplace (minutes, memoranda, notices, summaries, reports etc. filling up of forms, preparing CV, e mail messages, making notes from reference materials, recorded talks etc. The core course should draw upon the language items suggested for class IX-X and delve deeper into their usage and functions. Particular attention may, however, be given to the following areas of grammar: The use of passive forms in scientific and innovative writings. Converting one kind of sentence/clause into a different kind of structure as well as other items to exemplify stylistic variations in different discourses modal auxiliaries-uses based on semantic considerations.

## **Specific Objectives of Reading:**

Students are expected to develop the following study skills:

- a. Refer to dictionaries, encyclopedia, thesaurus and academic reference material.
- b. Select and extract relevant information, using reading skills of skimming and scanning.
- c. Understand the writer's attitude and bias.
- d. Comprehend the difference between what is said and what is implied.
- e. Understand the language of propaganda and persuasion.
- f. Differentiate between claims and realities, facts and opinions.
- g. Form business opinions on the basis of latest trends available.
- h. Comprehend technical language as required in computer related fields.
- i. Arrive at personal conclusion and comment on a given text specifically.
- j. Develop the ability to be original and creative in interpreting opinion.
- k. Develop the ability to be logically persuasive in defending one's opinion.
- l. Making notes based on a text Develop literary skills as enumerated below:
  - Personally respond to literary texts.
  - Appreciate and analyze special features of languages that differentiate literary texts from non-literary ones.
  - Explore and evaluate features of character, plot, setting, etc.
  - Understand and appreciate the oral, mobile and visual elements of drama.
  - Identify the elements of style such as humour, pathos, satire and irony, etc.
  - Make notes from various resources for the purpose of developing the extracted ideas into sustained pieces of writing.

## **Specific Objectives of Writing**

- To write letters to friends, pen friends, relatives, etc.
- To write business and official letters.
- To send faxes, e-mails [formal].
- To open accounts in post offices and banks.
- To fill in railway/airline reservation forms.
- To write on various issues to institutions seeking relevant information, lodge complaints, express thanks or tender apology.
- To write applications, fill in application forms, prepare a personal bio-data for admission into colleges, universities, entrance tests and jobs.
- To write informal reports as part of personal letters on functions, programmes and activities held in school (morning assembly, annual day, sports day, etc.)
- To write formal reports for school magazines/ events/processes/ or in local newspapers about events or occasions.
- To express opinions, facts, arguments in the form a speech or debates.
- To draft papers to be presented in symposia.
- To take down notes from talks and lectures.
- To write examination answers according to the requirement of various subjects.
- To summarise a text.

## ENGLISH CORE

### SECTION-A

30 Marks

**Reading Comprehension** 12M

**Reading Unseen Passages and Note making** 10M

Two unseen Passages with a variety of very short answer or MCQ questions to test comprehension, interpretation and inference. Vocabulary such as word formation and inference of meaning will also be tested.

The total length of the two passages will be between 1100-1200 words. The passage will include two of the following:

- a. Factual Passages, e.g. instructions, descriptions, reports.
- b. Descriptive passages involving opinion, e.g. argumentative, persuasive or interpretative text.
- c. Literary passages, e.g. extract from fiction, drama, poetry, essay or biography. A poem could be of 28-35 lines.

- The passage can be literary, factual or discursive to test comprehensions.  
The length of the passage should be between 600-700 words.
- **A third passage of 400-500 words for note-making and abstraction** 8M

### SECTION-B

**Writing Skills** 30 Marks

- Short Answer Questions, e.g. advertisement and notices, designing or drafting posters, writing formal and informal invitations and replies. 4M
- Long Answer questions: Letters based on verbal/visual input. 6M

**Letter types include**

- Business or official letters (for making enquiries, registering complaints, asking for and giving information, placing orders and sending replies)
- Letters to the editor (giving suggestions on an issue or option on issue on public interest Application for a job)

**Very Long Answer Questions:** Two compositions based on visual and / or verbal Output may be descriptive or argumentative in nature such as an article, or a speech. **10X2**

### SECTION-C

**Literature Textbooks and Long Reading Text** 40 Marks

Flamingo and Vistas

- **Very Short Answer Questions-** Based on an extract from poetry to test comprehension and appreciation. 4M
- **Short Answer Question-**Based on Prose and poetry from both the texts. 3M X 4
- **Long Answer Question-**Based on texts to test global comprehension and extrapolation beyond the texts to bring out the key messages and values. 6M

- **Long Answer Question** – Based on texts to test global comprehension along with analysis and extrapolation. **6M**
- **Long Answer Question** – Based on theme, plot and incidents from the prescribed novels. **6M**
- **Long Answer Question** – Based on understanding appreciation, analysis and interpretation of the character sketch. **6M**

**Prescribed Books:**

**1. Flamingo: English Reader** published by National Council of Education Research and Training, New Delhi

**2. Vistas Supplementary Reader** published by National Council of Education Research and Training, New Delhi

**Note:** Long answer questions based on values can be given in the writing section or in the literature section.

**Textbooks**

Flamingo

Vistas

**Name of the lessons deleted**

1. Poets and Pancakes
2. The Interview
3. A Road Ride Stand (Poetry)
4. The Third Level
5. Journey to the End of the Earth

**Long Reading Texts**

**The Novels are:**

- Silas Marner
- The Invisible Man

**Author**

George Eliot  
H. G. Wells

# QUESTION PAPER DESIGN

CLASS-XII

ENGLISH CORE

CODE-301

Time: 3 hours

Marks : 100

Typology	Typology of questions/learning outcomes	MCQ 1 mark	VSAQ 1 mark	Short answer Question 3 marks	Short answer Question 4 marks	Long Answer-I 80-100 words 5 marks	Long Answer-2 Question 120-150 words 6 marks	Very long answer 150-200 words (HOTS) 10 marks	Total Marks	Overall %
<b>Reading Skills</b>	Conceptual understanding, decoding, analyzing, inferring, interpreting appreciating. Literary conventions and vocabulary, summarizing and using appropriate format.	6	16	1	---	1	---	---	30	30
<b>Writing Skills</b>	Reasoning, appropriacy of style and tone, using appropriate format and fluency inference, analysis, evaluation and creativity.	--	--	--	1	---	1	2	30	30
<b>Literary Textbooks and long reading text</b>	Recalling, reasoning, appreciating a literary conventions, inference, analysis, evaluation, creativity with fluency	--	4	4	--	--	4	---	40	40
<b>TOTAL</b>		6x1=6	20x1=20	5x3=15	1x4=4	1x5=5	5x6=30	2x10=20	100	100

## ANNUAL SYLLABUS BREAK UP

### APRIL

Flamingo	:	Lesson 1 The Last Lesson Poem-1 My Mother at Sixty Six
Vistas	:	Lesson 1 The Tiger King
Novel	:	The Invisible Man by H. G. Wells (Explanation of theme, plot, settings followed by Group Discussion)
Writing Skills	:	Notice, Advertisement

### MAY

Flamingo	:	Lesson 2 Lost Spring Poem-2 An Elementary School Classroom in a Slum
Vistas	:	Lesson 2 The Enemy
Novel	:	The Invisible Man by H. G. Wells (Continue with the explanation followed by Group Discussion)
Writing Skills	:	Invitation, Letter Writing (Formal)

### JUNE

Flamingo	:	Lesson 3 Deep Water
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### JULY

Flamingo	:	Lesson 4 The Rattrap
Vistas	:	Lesson 3 Should Wizard Hit Mommy?
Flamingo	:	Poem-3 Keeping Quiet
Writing Skills	:	Poster Making and Article Writing
Novel	:	The Invisible Man by H. G. Wells (Group Discussion and discussion of Q/As and Bio sketch of important characters)

### AUGUST

REVISION FOR AUGUST EXAMINATION

### SEPTEMBER

Flamingo	:	Lesson 5 Indigo
Flamingo	:	Poem-4 A Thing of Beauty
Novel	:	The Invisible Man by H. G. Wells (Group Discussion)
Writing Skills	:	Speech, Debate
Vistas	:	Lesson 4 On the Face of it
Vistas	:	Lesson 5 Evans tries an O level

## **OCTOBER**

Flamingo	:	Lesson 6 Going Places
Flamingo	:	Poem- 5 Aunty Jenifer's Tiger
Vistas	:	Lesson 6 Memories of Childhood
Writing Skills	:	Applications for Job, Article Writing, Speech Writing
Novel	:	The Invisible Man by H. G. Wells (Group Discussion and discussion of Q/As and Bio sketch of important characters)

## **NOVEMBER**

REVISION FOR PRE-BOARD EXAMINATION

## **DECEMBER**

PRE-BOARD EXAMINATION

## EXAMINATION SYLLABUS

### AUGUST EXAMINATION

<b>Section</b>	<b>Content</b>
Flamingo	Lesson 1 The Last Lesson Lesson 2 Lost Spring Lesson 3 Deep Water Lesson 4 The Rattrap
Poetry	Poem-1 My Mother at Sixty Six Poem-2 An Elementary School Classroom in a Slum Poem-3 Keeping Quiet
Vistas	Lesson 1 The Tiger King Lesson 2 The Enemy Lesson 3 Should wizard hit Mommy?
Writing Skills	Notice, Advertisements, Poster Making, Letter Writing
Novel	The Invisible Man by H. G. Wells

### PRE BOARD EXAMINATION (DECEMBER)

#### FULL SYLLABUS

**NOTE:** There will be a class test and assignment after every chapter.

Movie on the Novel (The Invisible Man) to be shown to the students.

## DETAILED SYLLABUS OF ECONOMICS

### OBJECTIVES

- Understanding of some basic economic concepts and development of economic reasoning which the learners can apply in their day-to-day life as citizens, workers and consumers.
- Realization of learners' role in nation building and sensitivity to the economic issues that the nation is facing today.
- Equip with basic tools of economics and statistics to analyse economic issues. This is pertinent for even those who may not pursue this course beyond senior secondary stage.
- Development of understanding that there can be more than one view on any economic issue and necessary skills to argue logically with reasoning.

### COURSE STRUCTURE

**Time: 3 Hours**

**Paper**

**M.M: 100**

<b>Units</b>	<b>Marks</b>	<b>Periods</b>
<b>Part A: Introductory Microeconomics</b>		
1. Introduction	06	11
2. Consumer Equilibrium and Demand	16	34
3. Producer Behaviour and Supply	16	34
4. Forms of Market and Price Determination	12	31
	<b>50</b>	<b>110</b>
<b>Part B: Introductory Macroeconomics</b>		
5. National Income and Related Aggregates	15	32
6. Money and Banking	08	18
7. Determination of Income and Employment	12	27
8. Government Budget and the Economy	08	17
9. Balance of Payments	07	16
	<b>50</b>	<b>110</b>

## QUESTION PAPER DESIGN

### ECONOMICS (CODE-030)

Time 3 Hours

Max. Marks :100

S.No.	Typology of questions	Very Short Answer (VSA) 1 mark	Short Answer-I 3 marks	Short Answer-II (SA-II) 4 marks	Long Answer I 6 marks	Total marks	%
1	<b>Remembering- (Knowledge based)</b> simple recall questions, to know specific facts, terms, concepts, principles, or theories, Identify, define, or recite, information	2	1	2	2	25	25
2	<b>Understanding- (Comprehension –</b> to be familiar with meaning and to understand conceptually, interpret, compare, contrast, explain, paraphrase information)	3	2	1	2	25	25
3	<b>Application</b> (Use abstract information in concrete situation, to apply knowledge to new situations, Use given content to interpret a situation, provide an example, or solve a problem)	3	1	2	1	20	20
4	<b>High Order Thinking skills (Analysis &amp; Synthesis-</b> Classify, compare, contrast or differentiate between different pieces of information, Organize and /or integrate unique pieces of information from a variety of sources	1	1	1	2	20	20
5	<b>Evaluation and Multi-Disciplinary-</b> (Appraise, judge, and/or justify the value or worth of a decision or outcome, or to predict outcomes based on value	1	1	-	1	10	10
	<b>TOTAL</b>	<b>10x1=10</b>	<b>6x3=18</b>	<b>6x4=24</b>	<b>8x6=48</b>	<b>100 (30)</b>	<b>100</b>

**Note:** There will be Internal Choice in questions of 3 marks, 4 marks and 6 marks in both sections (A and B). (Total 3 internal choices in Section A and total 3 internal choices in Section B).

## ANNUAL SYLLABUS BREAK UP

### APRIL

#### **Unit I: Introductory Microeconomics**

Meaning of microeconomics and macroeconomics

What is an economy? Central problems of an economy: what, how and for whom to produce; concepts of production possibility frontier and opportunity cost.

**Video on the topic 'PPC'**

#### **Unit II: Consumer Equilibrium and Demand**

Consumer's equilibrium - meaning of utility, marginal utility, law of diminishing marginal utility, conditions of consumer's equilibrium using marginal utility analysis.

Indifference curve analysis of consumer's equilibrium-the consumer's budget (budget set and budget line), preferences of the consumer (indifference curve, indifference map) and conditions of consumer's equilibrium.

### MAY – JUNE

#### **Unit II: Consumer Equilibrium and Demand (Contd.)**

Demand, market demand, determinants of demand, demand schedule, demand curve, movement along and shifts in the demand curve; price elasticity of demand - factors affecting price elasticity of demand; measurement of price elasticity of demand - (a) percentage-change method and (b) geometric method (linear demand curve); relationship between price elasticity of demand and total expenditure.

**Video on the topic 'Law of Demand'**

#### **Unit III: Producer Behaviour and Supply**

Production function: Total Product, Average Product and Marginal Product.

Returns to a Factor. Cost and Revenue: Short run costs - total cost, total fixed cost, total variable cost; Average fixed cost, average variable cost and marginal cost-meaning and their relationship. Revenue - total, average and marginal revenue.

### JULY

#### **Unit III: Producer Behaviour and Supply (Contd.)**

Producer's equilibrium-meaning and its conditions in terms of marginal revenue-marginal cost. Supply, market supply, determinants of supply, supply schedule, supply curve, movements along and shifts in supply curve, price elasticity of supply; measurement of price elasticity of supply - (a) percentage-change method and (b) geometric method.

#### **Unit IV: Forms of Market and Price Determination**

Perfect competition - Features; Determination of market equilibrium and effects of shifts in demand and supply. Other Market Forms - monopoly, monopolistic competition, oligopoly - their meaning and features. Simple Applications of Demand and Supply: Price ceiling, price floor.

**Video on the topic 'Price ceiling, price floor'**

**AUGUST**  
REVISION FOR AUGUST EXAMINATION

**SEPTEMBER**

**Unit V: National Income**

Some basic concepts: consumption goods, capital goods, final goods, intermediate goods; stocks and flows; gross investment and depreciation.

Circular flow of income; Methods of calculating National Income - Value Added or Product method, Expenditure method, Income method.

Aggregates related to National Income: Gross National Product (GNP), Net National Product (NNP), Gross and Net Domestic Product (GDP and NDP) - at market price, at factor cost; National Disposable Income (gross and net), Private Income, Personal Income and Personal Disposable Income; Real and Nominal GDP. GDP and Welfare

**Unit VI: Money and Banking**

Money - its meaning and functions. Supply of money - Currency held by the public and net demand deposits held by commercial banks. Money creation by the commercial banking system. Central bank and its functions (example of the Reserve Bank of India): Bank of issue, Govt. Bank, Banker's Bank, Controller of Credit through Bank Rate, CRR, SLR, Repo Rate and Reverse Repo Rate, Open Market Operations, Margin requirement.

**Video on the topic 'Banking Structure in India'**

**OCTOBER**

**Unit VII: Determination of Income and Employment**

Aggregate demand and its components.

Propensity to consume and propensity to save (average and marginal).

Short-run equilibrium output; investment multiplier and its mechanism.

Meaning of full employment and involuntary unemployment. Problems of excess demand and deficient demand; measures to correct them - change in government spending, availability of credit.

**Unit VIII: Government Budget**

Government budget - meaning, objectives and components.

Classification of receipts - revenue receipts and capital receipts; classification of expenditure - revenue expenditure and capital expenditure. Measures of government deficit - revenue deficit, fiscal deficit, primary deficit their meaning.

**Video on the topic 'Government Budget'**

**Unit IX: Balance of Payment**

Balance of payments account - meaning and components; balance of payments deficit-meaning. Foreign exchange rate - meaning of fixed and flexible rates and managed floating. Determination of exchange rate in a free market.

**NOVEMBER**  
REVISION FOR PRE-BOARD EXAMINATION

**DECEMBER**  
PRE-BOARD EXAMINATION

## **EXAMINATION SYLLABUS**

### **AUGUST EXAMINATION**

Syllabus- Microeconomics Units I to IV

### **PRE BOARD EXAMINATION (DECEMBER)**

Full Syllabus

**NOTE:** There will be a class test and assignment after every Chapter.

## DETAILED SYLLABUS OF POLITICAL SCIENCE

### OBJECTIVES

#### **Contemporary World Politics**

- Enable the students to expand their horizons beyond India and make sense of the political map of contemporary world.
- Familiarize the students with some of the key political events and processes in the post cold war era.
- Equip students to be conscious of the way in which global events and processes shape our everyday lives.
- Strengthen their capacity for political analysis by thinking of contemporary developments in a historical perspective.

#### **Politics in India after Independence**

- Enable students to become familiar with some of the key political events and figures in the post-independence period.
- Develop skills of political analysis through an understanding of events and processes of recent history.
- Develop their capacity to link macro processes with micro situations and their own life.
- Encourage the students to take a historical perspective of making sense of contemporary India.

## COURSE STRUCTURE

**Time: 3 Hours**

**One Paper**

**Marks: 100**

Units		Periods	Marks
<b>Part A: Contemporary World Politics</b>			
<b>1</b>	Cold War Era	<b>14</b>	<b>14</b>
<b>2</b>	The End of bipolarity	<b>13</b>	
<b>3</b>	US Hegemony in World Politics	<b>13</b>	<b>16</b>
<b>4</b>	Alternative centres of Power	<b>11</b>	
<b>5</b>	Contemporary South Asia	<b>13</b>	
<b>6</b>	International Organizations	<b>13</b>	<b>10</b>
<b>7</b>	Security in Contemporary World	<b>11</b>	
<b>8</b>	Environment and Natural Resources	<b>11</b>	<b>10</b>
<b>9</b>	Globalization	<b>11</b>	
	<b>Total</b>	<b>110</b>	<b>50</b>
<b>Part B: Politics in India since Independence</b>			
<b>10</b>	Challenges of Nation-Building	<b>13</b>	<b>16</b>
<b>11</b>	Era of One-party Dominance	<b>12</b>	
<b>12</b>	Politics of Planned Development	<b>11</b>	
<b>13</b>	India's External relations	<b>13</b>	<b>6</b>
<b>14</b>	Challenges to the Congress System	<b>13</b>	<b>12</b>
<b>15</b>	Crisis of the Democratic Order	<b>13</b>	
<b>16</b>	Rise of Popular Movements	<b>11</b>	<b>16</b>
<b>17</b>	Regional aspirations	<b>11</b>	
<b>18</b>	Recent Developments in Indian Politics	<b>13</b>	
	<b>Total</b>	<b>110</b>	<b>50</b>

## QUESTION PAPER DESIGN

Time: 3 Hours

CLASS-XII

POLITICAL SCIENCE Code No. 028

Max. Marks: 100

S.No.	Typology of Questions	Learning Outcomes & Testing Skills	Very Short Answer (1 Mark)	Very Short Answer - (2 Marks)	Short Answer (4 Marks)	Long Answer I (5 Marks) based on Passages and Pictures	Map Question Picture based interpretation (5 Marks)	Long Answer II (6 Marks)	Marks	% weight age
1	<b>Remembering-</b> (Knowledge based Simple recall questions, to know specific facts, terms, concepts, principles, or theories; Identify, define, or recite, information)	<ul style="list-style-type: none"> <li>Reasoning</li> <li>Analytical Skills</li> <li>Critical thinking</li> </ul>	-	1	2	-	-	2	22	22%
2	<b>Understanding-</b> (Comprehension –to be familiar with meaning and to understand conceptually, interpret, compare, contrast, explain, paraphrase information)		2	-	2	1	-	1	21	21%
3	<b>Application</b> (Use abstract information in concrete situation, to apply knowledge to new situations; Use given content to interpret a situation, provide an example, or solve a problem)		1	1	-	1	1	2	25	25%
4	<b>High Order Thinking Skills</b> (Analysis & Synthesis- Classify, compare, contrast, or differentiate between different pieces of information; Organize and/or integrate unique pieces of information from a variety of sources) (includes Map interpretation)		1	2	1	1	-	1	20	20%
5	<b>Evaluation-</b> (Appraise, judge, and/or justify the value or worth of a decision or outcome, or to predict outcomes based on values)		1	1	1	-	1	-	12	12%
<b>Total</b>			1x5=5	2x5=10	4x6=24	5x3=15	5x2=10	6x6=36	100	100%

## ANNUAL SYLLABUS BREAK UP

### APRIL

#### **Part A: Contemporary World Politics**

##### **Cold War Era**

Emergence of two power blocs after the Second world war. Arenas of the cold war.

Challenges to Bipolarity: Non Aligned Movement, quest for new international economic order. India and the cold war.

**Video on –\* Cold War-Documentary on Berlin, Korea, Cuba and Vietnam.**

**\*China – Hell March –The Largest Army in the World.**

##### **The End of Bipolarity**

New entities in world politics: Russia, Balkan states and Central Asian states, Introduction of democratic politics and capitalism in post-communist regimes. India's relations with Russia and other post-communist countries.

**Video on - \*Collapse of Soviet Union.**

##### **US Hegemony in World Politics**

Growth of unilateralism: Afghanistan, first Gulf War, response to 9/11 and attack on Iraq.

Dominance and challenge to the US in economy and ideology. India's renegotiation of its Relationship with the USA.

**Video on -\* 9/11 attack on U.S.A.**

**\*The US invasion on Iraq.**

### MAY

#### **Part B: Politics in India since Independence**

##### **Challenges of Nation- Building**

Nehru's approach to nation-building; Legacy of partition: challenge of 'refugee' resettlement, the Kashmir problem. Organization and reorganization of states; Political conflicts over language.

**Video on - \*Partition –‘ The Day India Burned’ .**

**\*Tryst With Destiny-by Pandit Nehru.**

##### **Era of One-Party Dominance**

First three general elections, nature of Congress dominance at the national level, uneven dominance at the state level, coalitional nature of Congress. Major opposition parties.

**Video on - \*The politics in India after the Emergency.**

### MAY-JUNE

##### **Politics of Planned Development**

Five year plans, expansion of state sector and the rise of new economic interests. Famine and suspension of five year plans. Green revolution and its political fallouts.

Video on -\*Green Revolution.

### JULY

**Alternative Centres of Power** Rise of China as an economic power in post-Mao era, creation and expansion of European Union, ASEAN. India's changing relations with China.

**Video on –\*WTO.**

### **Contemporary South Asia in the Post-Cold War Era**

Democratisation in Pakistan and Nepal. Ethnic conflict in Sri Lanka, Impact of economic globalization on the region. Conflicts and efforts for peace in South Asia. India's relations with its neighbours.

**Video on - \*Development in Pakistan, Nepal and Srilanka.**

### **International Organizations**

Restructuring and the future of the UN.

India's position in the restructured UN. Rise of new international actors: new international economic organizations, NGOs. How democratic and accountable are the new institutions of global governance?

**Video on - \*The history of the UNO.**

**\*Introduction to UNO.**

**\*What is United Nations and What Does it Do- Mini Documentary.**

### **India's External Relations**

Nehru's foreign policy. Sino-Indian war of 1962, Indo-Pak war of 1965 and 1971. India's nuclear programme and shifting alliances in world politics.

**Video on – \*Clippings from the movie – ‘Haquequat’.Based on Indo China war.**

**\*Clippings from the movie – ‘Lakshay’. Based on Kargil Conflict.**

## **AUGUST**

REVISION FOR AUGUST EXAMINATION

## **SEPTEMBER**

### **Challenges to the Congress System**

Political succession after Nehru. Non-Congressism and electoral upset of 1967, Congress split and reconstitution, Congress' victory in 1971 elections, politics of 'garibi hatao'.

### **Crisis of the Democratic Order**

Search for 'committed' bureaucracy and judiciary. Navnirman movement in Gujarat and the Bihar movement. Emergency: context, constitutional and extra-constitutional dimensions, resistance to emergency. 1977 elections and the formation of Janata Party. Rise of civil liberties organisations.

**Video on –The documentary talks of the emergency days.**

### **Popular Movements in India**

Farmers' movements, Women's movement, Environment and Development-affected people's movements. Implementation of Mandal Commission report and its aftermath.

**Video on – Chipko movement and Narmada Bachaoo Andolan.**

## **OCTOBER**

**Security in Contemporary World** Traditional concerns of security and politics of disarmament. Non-traditional or human security.

global poverty, health and education. Issues of human rights and migration.

**Video on- Human security.**

**Climate change as a non traditional security treat.**

### **Environment and Natural Resources**

Environment movement and evolution of global environmental norms. Conflicts over traditional and common property resources. Rights of indigenous people. India's stand in global environmental debates.

**Video on-Natural resources .**

**Environmental conversation**

### **NOVEMBER**

**Globalization** Economic, cultural and political manifestations. Debates on the nature of consequences of globalization. Anti-globalization movements. India as an arena of globalization and struggle against it.

**Video on -\*WTO.**

### **Regional Aspirations**

Rise of regional parties. Punjab crisis and the anti Sikh riots of 1984. The Kashmir situation. Challenges and responses in the North East.

**Video on –Talks about the Kashmir crisis**

**Operation Bluestar in 1984**

**Insurgency of ULFA in Assam**

**Clippings showing agitation by mizo national front.**

### **Recent Developments in Indian politics**

Participatory upsurge in 1990s. Rise of the JD and the BJP. Increasing role of regional parties and coalition politics. NDA, UPA-I 2004 and UPA-II 2009 government.

**Video on – The advent of coalition era in Indian politics.**

**Mandal Commission and the fall of V.P Singh Government**

### **DECEMBER**

**PRE-BOARD EXAMINATION**

### **Prescribed Books:**

1. Contemporary World Politics, Class XII, Published by NCERT
2. Politics in India since Independence, Class XII, Published by NCERT

**Note:** The above textbooks are also available in Hindi and Urdu versions

**Note:** Audio- visual experience through videos related to various topics of study will be provided to the students.

## **EXAMINATION SYLLABUS**

### **AUGUST EXAMINATION**

#### **Chapters**

Cold War Era

The End of Bipolarity

US Hegemony in World Politics

Challenges of Nation- Building

Era of One-Party Dominance

Politics of Planned Development

Alternative Centres of Power

Contemporary South Asia in the Post-Cold War Era

International Organizations

India's External Relations

### **PRE-BOARD EXAMINATION**

Full Syllabus

**NOTE:** There will be a class test and assignment after every chapter.

## DETAILED SYLLABUS OF PHYSICAL EDUCATION

### THEORY

MM 70

<b>Unit 1</b>	Planning in Sports
<b>Unit 2</b>	Adventure Sports and leadership training
<b>Unit 3</b>	Sports and Nutrition
<b>Unit 4</b>	Postures
<b>Unit 5</b>	Children and Sports
<b>Unit 6</b>	Women and Sports
<b>Unit 7</b>	Test and Measurement in Sports
<b>Unit 8</b>	Physiology and Sports
<b>Unit 9</b>	Sports Medicine
<b>Unit 10</b>	Biomechanics and Sports
<b>Unit 11</b>	Psychology and Sports
<b>Unit 12</b>	Training in Sports

### PRACTICAL

MM: 30

1. Physical Fitness – AAHPAR
2. Athletics – Middle and Long Distance Races and Throws
3. Health and Fitness Activities Asanas/Swiss Ball, Polymetric (Any one)
4. Skill on Any one individual game of choice from given list- Athletics, Basketball, Football, Hand Ball, Hockey, Kho- Kho, Volley Ball
5. Viva
6. Record File

## ANNUAL SYLLABUS BREAK UP

### APRIL

#### CHAPTER 1: Planning In Sports

- Meaning and Objectives of Planning.
- Various Committees and its responsibilities.
- Tournament - Knock-Out, League or Round Robin and Combination.
- Procedure to draw Fixtures - Knock-Out (Bye and Seeding) and League (Staircase and Cyclic)
- Intramural and Extramural - Meaning, Objectives and its Significance.
- Specific Sports Programme (Sports Day, Health Run, Run for Fun, Run for Specific Cause and Run for Unity).

#### CHAPTER 2: Adventure Sports and Leadership Training

- Meaning and objectives of Adventure Sports.
- Types of activities - Camping, Rock Climbing, Tracking, River Rafting and Mountaineering.
- Material Requirement and Safety Measures.
- Identification and use of Natural Resources.
- Conservation of Environment.
- Creating Leaders through Physical Education.

#### Video on 'Adventure Sports'

### MAY-JUNE

#### CHAPTER 3: Sports And Nutrition

- Balanced Diet and Nutrition: Macro and Micro Nutrients.
- Nutritive and Non-Nutritive Components of Diet.
- Eating Disorders - Anorexia Nervosa and Bulimia.
- Effects of Diet on Performance.
- Eating for Weight Control - A Healthy weight, The pitfalls of Dieting, food intolerance and food myths.
- Sports Nutrition ( Fluid and meal intake, Pre, during and post competition)

#### Video on 'Nutrition'

#### CHAPTER 4: Postures

- Meaning and Concept of Correct Postures - Standing and Sitting.
- Advantages of Correct Posture.
- Common Postural Deformities - Knock Knee; Flat Foot; Round Shoulders; Lordosis, Kyphosis, Bow Legs and Scolioses.
- Physical activities as Corrective Measures.

### JULY

#### CHAPTER 5: Children and Sports

- Motor development in children.
- Factors affecting motor development.

- Physical and Physiological benefits of exercise on children.
  - Advantages and disadvantages of weight training and food supplement for children.
  - Activities and quality of life.
- Video on ‘Motor Development’**

#### **CHAPTER 6: Women and Sports**

- Sports participation of Women in India.
  - Special consideration (Menarch, Menstrual Disfunction, Pregnancy, Menopause)
  - Female Athletes Triad (Anemia, Osteoporosis and Amenorrhea)
  - Psychological aspects of women athlete.
  - Sociological aspects of sports participation.
  - Ideology.
- Video on ‘Women Players’**

### **AUGUST REVISION FOR AUGUST EXAMINATION**

#### **SEPTEMBER**

#### **CHAPTER 7: Test And Measurement In Sports**

- Measurement of Muscular Strength - Kraus Weber Test.
- Motor Fitness Test - AAPHER
- Measurement of Cardio Vascular Fitness - Harvard Step Test/Rockport Test.
- Measurement of Flexibility - Sit and Reach Test.
- Rikli and Jones - Senior Citizen Fitness Test.
  1. Chair Stand Test for lower body strength.
  2. Arm Curl Test for upper body strength.
  3. Chair Sit and Reach Test for lower body flexibility.
  4. Back Scratch Test for upper body flexibility.
  5. Eight Foot Up and Go Test for agility.
  6. Six Minute Walk Test for Aerobic Endurance.

#### **CHAPTER 8: Physiology And Sports**

- Gender differences in Physical and Physiological parameters.
  - Physiological factors determining component of Physical Fitness.
  - Effect of Exercise on Cardio Vascular System.
  - Effect of Exercise on Respiratory System.
  - Effect of Exercise on Muscular System.
  - Physiological changes due to ageing and role of regular exercise on ageing process.
  - Role of Physical Activity maintaining functional fitness in aged population.
- Video on ‘Physical Fitness’**

## OCTOBER

### CHAPTER 9: Sports Medicines

- Concept and definition.
- Aims and Scope of Sports Medicine.
- Impact of Surface and Environment on Athlete.
- Sports Injuries: Classification, Causes and Prevention.
- Management of Injuries :
  - Soft Tissue Injuries(Abrasion, Contusion, Laceration, Incision, Sprain, Strain)
  - Bone and Joint Injuries(Dislocation, Fracture: Stress fracture, Green Stick, Communated Transerse Oblique and impacted)

**Video on ‘Sports Medicine’**

### CHAPTER 10: Biomechanics and Sports

- Projectile and factors affecting Projectile Trajectory.
- Angular and Linear Movements.
- Introduction to Work, Power and Energy.
- Friction
- Mechanical Analysis of Walking and Running.

**Video on ‘Biomechanics’**

## NOVEMBER

### CHAPTER 11: Psychology and Sports

- Understanding stress, anxiety and its management.
- Coping Strategies - Problem Focused and Emotional focused.
- Personality, its dimensions and types; Role of sports in personality development.
- Motivation, its type and technique.
- Self-esteem and Body image
- Psychological benefits of Exercise.

### CHAPTER 12 : Training In Sports

- Strength - Definition, types and methods of improving strength - Isometric, Isotonic and Isokinetic.
- Endurance - Definition, types and methods to develop Endurance - Continuous Training, Interval Training and Fartlek Training.
- Speed - Definition, types and methods to develop speed - Acceleration run and pace run.
- Flexibility - Definition, types and methods to improve flexibility.
- Coordinative abilities - Definition and types.

**Video on ‘Sports Channels’**

## DECEMBER

### PRE-BOARD EXAMINATION

## **EXAMINATION SYLLABUS**

### **AUGUST EXAMINATION**

Chapters 1 to 6

### **PRE-BOARD EXAMINATION**

Full Syllabus

**NOTE:** There will be a class test and assignment after every chapter.

### उद्देश्य

- सूचनात्मक साहित्य की सराहना, उसका आनंद उठाना और उसके प्रति सृजनात्मक और आलोचनात्मक दृष्टि का विकास ।
- साहित्य की विविध विधाओं ( कविता, कहानी, निबंध आदि), महत्वपूर्ण कवियों और रचनाकारों, प्रमुख धाराओं और शैलियों का परिचय कराना ।
- भाषा की सृजनात्मक बारीकियों और व्यावहारिक प्रयोगों का बोध तथा सन्दर्भ और समय के अनुसार प्रभावशाली ढंग से उसकी मौखिक और लिखित अभिव्यक्ति कर सकना ।
- विभिन्न ग्यानानुशासनों के विमर्श की भाषा के रूप में हिंदी की विशिष्ट प्रकृति एवं क्षमता का बोध कराना ।
- साहित्य की प्रभावशाली क्षमता का उपयोग करते हुए सभी प्रकार की विविधताओं ( धर्म, जाति, लिंग, वर्ग, भाषा आदि) एवं अंतरों के प्रति सकारात्मक और संवेदनशील रवैये का विकास करना ।
- देश – विदेश में प्रचलित हिंदी के रूपों से परिचित कराना ।
- संचार-माध्यमों (प्रिंट और इलेक्ट्रॉनिक) में प्रयुक्त हिंदी की प्रकृति से अवगत कराना और नवीन विधियों के प्रयोग की क्षमता का विकास करना ।
- साहित्य की व्यापक धारा के बीच रखकर विशिष्ट रचनाओं का विश्लेषण और विवेचन करने की क्षमता हासिल करना ।
- विपरीत परिस्थितियों में भी भाषा का इस्तेमाल शांति के साथ करना ।
- अमूर्त विषयों पर प्रयुक्त भाषा का विकास और कल्पनाशीलता और मौलिक चिंतन के लिए प्रयोग करना

**हिंदी (आधार) (कोड सं० 302)**  
**कक्षा-12**

खण्ड	विषय	अंक
<b>क.</b>	<b>अपठित गद्यांश</b>	<b>20</b>
	1. अपठित गद्यांश-बोध (गद्यांश पर आधारित बोध, प्रयोग, रचनांतरण, शीर्षक आदि पर लघुत्तरात्मक प्रश्न) [ शीर्षक पर प्रश्न (1 अंक) + 7 लघुत्तरात्मक (2x7) ]	15
	2. अपठितकाव्यांश-बोध (कव्यांश पर आधारित पाँच लघुत्तरात्मक प्रश्न)(1X5)	05
<b>ख.</b>	<b>कार्यालयी हिंदी और रचनात्मक लेखन</b>	<b>25</b>
	3. किसी एक विषय पर निबंध	05
	4. कार्यालयी पत्र	05
	5. प्रिंटमाध्यम, सम्पादकीय रिपोर्ट , आलेख पर पाँच अति लघुत्तरात्मक प्रश्न	05
	6. किसी एक विषय पर आलेख अथवा हाल ही में पढ़ी पुस्तक की समीक्षा	05
	7. जीवन -संदर्भों से जुड़ी घटनाओं और स्थितियों पर फीचर लेखन	05
<b>ग.</b>	<b>पाठ्यपुस्तक</b>	
	<b>1) आरोह भाग-2</b>	<b>40</b>
	<b>अ. काव्य भाग</b>	<b>20</b>
	8. दो काव्यांश में से किसी एक पर अर्थग्रहण के चार प्रश्न (2x4)	08
	9. काव्यांश के सौंदर्यबोध पर किसी एक काव्यांश पर तीन प्रश्न (2x3)	06
	10. कविताओं की विषय-वस्तु से संबंधित दो लघु उत्तरात्मक प्रश्न (3+3)	06
	<b>ब. गद्यभाग-2 (पूरकपाठ्य पुस्तक)</b>	<b>20</b>
	11. एक गद्यांश पर आधारित अर्थग्रहण के चार प्रश्न (2+2+2+2)	08
	12. पाठों की विषयवस्तु पर आधारित चार बोधात्मक प्रश्न (3+3+3+3)	12
	<b>2) वितानभाग-2</b>	<b>15</b>
	13. पाठों की विषय वस्तु पर आधारित एक मुख्य परक प्रश्न (1x5)	05
	14. विषय वस्तु पर आधारित दो निबंधात्मक प्रश्न (5+5)	10
	<b>कुल</b>	<b>100</b>

**प्रस्तावित पुस्तकें:**

1. आरोहभाग एन.सी.ई.आर.टी द्वारा प्रकाशित
2. वितानभाग-2 एन.सी.ई.आर.टी द्वारा प्रकाशित
3. 'अभिव्यक्ति और माध्यम' एन.सी.ई.आर.टी द्वारा प्रकाशित (खण्ड- ख कामकाजी हिंदी और रचनात्मक लेखन हेतु)

**प्रश्न पत्र का प्रश्नानुसार विश्लेषण एवं प्रारूप**  
**हिन्दी पाठ्यक्रम-XII आधार 2016-17**

क्रं संख्या	प्रश्नों का प्रारूप	दक्षता परीक्षण / अधिगम परिणाम	1 अंक	2 अंक	3 अंक	5 अंक	कुल अंक	प्रतिशत
1	अपठित बोध (पठन कौशल)	अवधारणात्मक बोध, अर्थग्रहण, अनुमान लगाना, विश्लेषण करना, शब्द-ज्ञान व भाषिक प्रयोग, सृजनात्मक, मौलिकता।	6	7	-	-	20	20%
2	कार्यालयी हिन्दी और रचनात्मक लेखन (लेखन कौशल)	संकेत बिन्दुओं का विस्तार, अपने मत की अभिव्यक्ति, सोदाहरण समझना, औचित्य निर्धारण, भाषा में प्रवाहमयता, सटीक शैली, उचित प्रारूप का प्रयोग, अभिव्यक्ति की मौलिकता, सृजनात्मकता, सृजनात्मकता एवं तर्किकता	5	-	-	4	25	25%
3	पाठ्यपुस्तकें	प्रत्यास्मरण, विषयवस्तु का बोध एवं व्याख्या, अर्थग्रहण (भावग्रहण), लेखक के मनोभावो को समझना, शब्दों का प्रसंगानुकूल अर्थ समझना, आलोचनात्मक चिंतन, तार्किकता, सराहना, साहित्यिक परंपराओं के परिप्रेक्ष में मूल्यांकन, विश्लेषण, सृजनात्मकता, कल्पनाशीलता, कार्य-कारण संबंध स्थापित करना, साम्यता एवं अंतरों की पहचान, अभिव्यक्ति में मौलिकता एवं जीवन-मूल्यों की पहचान।	-	11	6	3	55	55%
<b>कुल</b>			<b>1x11=11</b>	<b>2x18=36</b>	<b>3x6=18</b>	<b>5x7=35</b>	<b>100</b>	<b>100%</b>

## पाठ्यक्रम विभाजन

### पाठ्यपुस्तक - आरोह, वितान, अभिव्यक्ति माध्यम

#### अप्रैल

आरोह - गद्यभाग

अभिव्यक्ति माध्यम

पाठ-1 भक्तिन ('महादेवी वर्मा' पर आधारित वीडियो)

पाठ -2 बाज़ार दर्शन ('उपभोक्तावाद' पर आधारित पी पी टी)

जनसंचार माध्यम [प्रिंटमाध्यम: समाचार और सम्पादकीय

पत्र - औपचारिक व अनौपचारिक

पद्यभाग

निबंध

पाठ - 1 हरिवंश राय बच्चन ('हरिवंश राय' पर आधारित वीडियो)

वितान पाठ-1 सिल्वर वैडिंग ('वितान' पाठ-1 पर आधारित पी पी टी)

#### मई-जून

आरोह - गद्यभाग

फीचर व प्रतिवेदन [आलेख

पाठ- 3 काले मेघा पानी दे (पाठ तीन-3 'पर आधारित वीडियो)

निबंध व पत्र

पद्यभाग

पाठ - 2 आलोक धन्वा ('पाठ-2 पर आधारित पी पी टी)

पाठ -3 कुँवर नारायण ('तार सप्तक' पर आधारित वीडियो)

#### जुलाई

आरोह - गद्यभाग

अभिव्यक्ति माध्यम

पाठ -4 पहलवान की ढोलक ( पाठ-4 पर आधारित पी पी टी)

1 पत्रकारिता

पद्यभाग

पाठ -4 रघुवीर सहाय ('रघुवीर सहाय' 'पर आधारित वीडियो)

2 समाचार के विभिन्न माध्यमों की विशेषताएँ

पाठ - 5 गजानन माधव मुक्तिबोध ('पाठ-5 पर आधारित पी पी टी)

3 समाचार लेखन

4 इंटरनेट व आलेख

पत्र / निबंध

#### अगस्त

### परीक्षा हेतु पुनरावृत्ति

आरोह -गद्यभाग

अभिव्यक्ति माध्यम

पाठ- 5 चार्ली चैपलिन यानी हम सब (पाठ-5 पर आधारित वीडियो)

1 विशेष लेखन

पाठ -6 नमक (पाठ-6 पर आधारित पी पी टी)

2 सम्पादन

पाठ-6 शमशेर बहादुर सिंह ('पाठ - 6 पर आधारित वीडियो)

पत्र/निबंध

पाठ -7 सूर्यकांत त्रिपाठी निराला

वितान पाठ -2 जूझ ('वितान' पाठ-2 पर आधारित पी पी टी)

वितान पाठ-3 अतीत में दवे पॉव (पाठ-3 पर आधारित वीडियो)

## अक्टूबर

गद्यभाग

पाठ - 7 शिरीष के फूल ('पाठ -7 पर आधारित पी पी टी)

पद्यभाग

पाठ-9 फिराक गोरखपुरी ('दुष्यंत कुमार पर आधारित वीडियो)

वितान पाठ-4 डायरी के पन्ने ('वितान' पाठ-4 पर आधारित वीडियो)

अभिव्यक्ति माध्यम

डायरी लेखन आलेख

पत्र व निबंध

## नवम्बर

आरोह - गद्यभाग

पाठ- 8 श्रम विभाजन और जाति-प्रथा ('अम्बेडकर' पर आधारित वीडियो)

पद्यभाग

पाठ-10 उमा शंकर जोशी ('पाठ -10' पर आधारित पी पी टी)

पत्र/निबंध

## दिसम्बर

प्री-बोर्ड

## परीक्षा पाठ्यक्रम

### अगस्त परीक्षा

सत्र के आरंभ से जुलाई तक का संपूर्ण पाठ्यक्रम

### दिसंबर परीक्षा

संपूर्ण पाठ्यक्रम

**नोट:** प्रत्येक पाठ पठन उपरांत बहुविकल्पीय, शीर्षक बोध व मूल्यपरक प्रश्नों पर आधारित परीक्षा होगी।