ANNUAL CURRICULUM PLAN

CLASS XII SCIENCE (SESSION: 2019-20)

(to be read with CBSE Curriculum available on CBSE Website: cbseacademic.in)

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GOLAYA PROGRESSIVE PUBLIC SCHOOL, PALWAL

ANNUAL CALENDAR (SESSION: 2019-20)

	GOLAYA PROGRESSIVE PUBLIC SCHOOL, PALWAL							
	ACADEMIC CALENDAR 2019-20							
		April 20	19 (Working da	ys = 23)				
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
	1	2	3	4	5	6		
	Session begins							
7	8	9	10	11	12	13		
World Health Day					Baisakhi Celebrations	Holiday (Ram Navmi)		
14	15	16	17	18	19	20		
Baisakhi/ Dr. Ambedkar Jayanti			Holiday (Mahavir Jayanti)	World Heritage Day	Holiday (Good Friday)			
21	22	23	24	25	26	27		
		World Book & Copyright Day		Inter House Solo Song & Dance (Sr.) Competition	Inter House Vo	olleyball Match		
28	29	30						
		Parent Teacher Meeting						

	GO	LAYA PROG	RESSIVE PUE	LIC SCHOOL	L, PALWAL			
E	ACADEMIC CALENDAR 2019-20							
			19 (Working day					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
						1		
2	3 Commencement of Summer Break for Class IX - XII	4	5 Holiday (Id-Ul- Fitr) World Environment Day	6	7	8		
9	10	11	12	13	14	15		
16	17	18	19	20	21 International Day of Yoga	22		
23	24	25	26	27	28	29		
30								

	GO	LAYA PROG	RESSIVE PUE	BLIC SCHOOL	., PALWAL				
	ACADEMIC CALENDAR 2019-20								
			(Working days	= 12+13)					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
			1	2	3	4			
			Intl. Labour Day		Commencement of Periodic Test 1				
5	6	7	8	9	10	11			
		Rabindranath Tagore's B'Day	World Red Cross Day	Culmination of Periodic Test 1		Holiday for students on account of 2 nd Saturday			
12	13	14	15	16	17	18			
Mother's Day			International Day of the Family	* Commencement of Summer Break for Class LKG - VIII / Extra Class for IX - XII		Holiday (Buddha Purnima)			
19	20	21	22	23	24	25			
	CAREER WEEK								
26	27	28	29	30	31				
					Anti Tobacco Day	* subject to change as per Govt. Instructions			

	GOLAYA PROGRESSIVE PUBLIC SCHOOL, PALWAL							
E	ACADEMIC CALENDAR 2019-20							
		July 20	19 (Working day	ys = 26)				
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
	The school wil open after Summer Vacation Commencement of Van Mahotsav Week	2	3	4	5	6		
7	8	9	10	11 World Population Day	12	13 Holiday for students on account of 2 nd Saturday		
14	15	16	17	18	19 Inter House Solo Song (Jr.) Competition	20 Inter House Yoga Competition		
21	22	23	24	25 Inter House Solo Dance (Jr.) Competition	26 Inter House kho- Kargil Victory Day	27 kho competition World Nature Conservation Day		
28	29 Investiture Ceremony	30	31 Parent Teacher Meeting		Day	Sousei vation Day		

GOLAYA PROGRESSIVE PUBLIC SCHOOL, PALWAL

ANNUAL CALENDAR (SESSION: 2019-20)

	GO	LAYA PROG	RESSIVE PUE	BLIC SCHOOL	, PALWAL			
P	ACADEMIC CALENDAR 2019-20							
			019 (Working d					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
				1	2	3		
						Holiday (Teej)		
4	5	6	7	8	9	10		
				Independence Co	elebrations Week	Holiday for students on account of 2 nd Saturday		
11	12	13	14	15	16	17		
	Holiday (Id-Ul- Zuha)	•	elebrations Week	Holiday (Independence Day &	Inter House Ba	sketball Match		
	Zunaj	Commencement	of Sanskrit Week	Rakshabandhan)				
18	19	20	21	22	23	24		
			World Senior Citizens' Day			Holiday (Janmashtami)		
25	26	27	28	29	30	31		
		Inter House Solo Song (Sr.) Competition	Inter House Solo Dance (Sr.) Competition	National Sports Day	Inter House Taekwondo Competition	Parent Teacher Meeting		

	GOLAYA PROGRESSIVE PUBLIC SCHOOL, PALWAL							
	ACADEMIC CALENDAR 2019-20							
			2019 (Working o					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
		1 International Day for the Elderly	2 Holiday (Gandhi Jayanti)	3	4 World Animal Welfare Day	5		
6	7	8	9	10	11	12		
	Holiday (MahaNavami)	Holiday (Dussehra)	World Post Day	National Post Day World Sight Day	Intl. Day of the Girl Child	Holiday for students on account of 2 nd Saturday		
13	14	15	16	17	18	19		
			World Food Day	Holiday (Karva Chauth)	Inter House F	ootball Match		
20	21	22	23	24 United Nations Day World Devp. Information Day	25	26		
Diwali	28 Holiday (Goverdhan Pooja)	29 Holiday (Bhai Dooj)	30	31				

	GO	LAYA PROGI	RESSIVE PUE	BLIC SCHOOL	L, PALWAL			
	ACADEMIC CALENDAR 2019-20							
		September	2019 (Working	g days = 23)				
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
1	2	3	4	5	6	7		
				Teachers' Day Celebrations				
8	9	10	11	12	13	14		
	Commencement of Half Yearly Exam.	Holiday (Muharram)				Holiday for students on account of Second Saturday		
15	16	17 Culmination of Half Yearly Exam.	18	19	20	21		
22	23	24	25	26	27 Inter House Ra	28 dminton Match		
					World Tourism Day	- Taten		
World Deaf & Day	30 Parent Teacher Meeting							

	GOLAYA PROGRESSIVE PUBLIC SCHOOL, PALWAL							
		ACADEMIC CALENDAR 2019-20						
			2019 (Working					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
					1 Holiday (Haryana Day)	2		
3	4	5 World Tsunami Awareness Day	6	7	8	9 Holiday for students on account of 2 nd Saturday		
Id-E-Milad 01	11	12 Holiday (Guru Nanak Devji's Birthday)	13	14 Children's Day Celebrations Diabetes Day	15	16		
17	18	19	20	21	22 Inter House Ch	23		
24	25	26 Constitution Day (National Law Day)	27	28	29 Inter House Group Song Competition	30 Parent Teacher Meeting		

GOLAYA PROGRESSIVE PUBLIC SCHOOL, PALWAL

ANNUAL CALENDAR (SESSION: 2019-20)

	GO	LAYA PROG	RESSIVE PUB	LIC SCHOOL	, PALWAL		
<u> </u>	ACADEMIC CALENDAR 2019-20						
		December	2019 (Working	days = 22)			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1	2	3	4	5	6	7	
		World Day of the Handicapped	Indian Navy Day			Indian Armed Forces Flag Day	
8	9	10	11	12	13	14	
	Commencement of Periodic Test 2 / Pre- Board Exam.	Human Rights Day				Holiday for students on account of 2 nd Saturday	
15	16	17	18	19	20	21	
		Culmination of Periodic Test 2 / Pre- Board Exam.				Inter House Group Dance Competition	
22	23	24	25	26	27	28	
National Mathematics Dav	Farmer's Day (Kisan Diwas)	Christmas Celebrations	Holiday (Christmas) Good Governance Day	Annual Sports Meet Parent Teacher Meeting			
29	*Commencement of Winter Break	31	* subject to change as per Govt. instructions				

	GOI	LAYA PROGI	RESSIVE PUE	BLIC SCHOOL	L, PALWAL			
	ACADEMIC CALENDAR 2019-20							
		February 2	2020 (Working	days = 23)				
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
						Commencement of Board Practicals of Class XII		
2	3 Commencement of Annual Exam. of class IX & XI	4	5	6	7	8 Holiday for students on account of 2 nd Saturday		
9	10	11	12	13	14 Culmination of Annual Exam. of class IX	15		
16	17	18	19	20 Culmination of Annual Exam. of class XI	21 Holiday (Mahashivratri)	22		
24	24	25	26	27	28 National Science Day	29 Parent Teacher Meeting		

	GO	LAYA PROG	RESSIVE PUE	BLIC SCHOOL	., PALWAL			
		ACADEMIC CALENDAR 2019-20						
		January 2	020 (Working d	lays = 21)				
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
			1	2	3	4 *Culmination of Winter Break		
5	6	7	8	9	10	11 Holiday for students on account of 2 nd Saturday		
Swami N Vivekananda's B'Day	13	14	15 Holiday (Makar Sankranti)	Commencement of Pre-Board Exam. of Class XII	17	18		
19	20	21	22	23	24 Culmination of Pre- Board Exam. of Class XII	25 Republic Day Celebrations Farewell to Class XII		
Republic 9 Day	27	28	29	30 Martyrs' Day	31 Parent Teacher Meeting	* subject to change as per Govt. instructions		

	GOLAYA PROGRESSIVE PUBLIC SCHOOL, PALWAL						
		ACADEMIC CALENDAR 2019-20					
		March 2	020 (Working d	ays = 10)			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1	2	3	4	5 Commencement of Annual Examination for Class I - VIII	6	7	
International & Women's Day	9	10 Holiday (Holi)	11	12	13	Holiday for students on account of 2 nd Saturday	
15	16	17	18 Culmination of Annual Examination	19	20	21	
World Day Norld Day Norld Day	23	24	25	26	27 Result Declaration	28	
29	30	31					

TEST SCHEDULE

Periodic Test 1	Subject
10.05.2019 (Friday)	Chemistry
13.05.2019 (Monday)	Mathematics / Biology
14.05.2019 (Tuesday)	Physics
15.05.2019 (Wednesday)	Computer Science/ Physical Education
16.05.2019 (Thursday)	English

Half Yearly Exam.	Subject
06.09.2019 (Friday)	Chemistry Practical
07.09.2019 (Saturday)	Physical Education Practical
09.09.2019 (Monday)	Chemistry
11.09.2019 (Wednesday)	Computer Science/ Physical Education
12.09.2019 (Thursday)	English
13.09.2019 (Friday)	Physics
16.09.2019 (Monday)	Mathematics / Biology
18.09.2019 (Wednesday)	Physics Practical
19.09.2019 (Thursday)	Computer Science Practical
20.09.2019 (Friday)	Biology Practical

Pre-Board Examination	Subject
06.12.2019 (Friday)	Chemistry Practical
07.12.2019 (Saturday)	Biology Practical
09.12.2019 (Monday)	Chemistry
12.12.2019 (Thursday)	Physics
13.12.2019 (Friday)	Mathematics / Biology
16.12.2019 (Monday)	Computer Science / Physical Education
17.12.2019 (Tuesday)	English
18.12.2019 (Wednesday)	Computer Science / Phy. Edu. Practical
19.12.2019 (Thursday)	Biology Practical

Curriculum Plan of English Core (Session: 2019-2020)

Month Topic	Theme/Audio Visual Inputs	Assignment /Discussion	Listening, Speaking, Reading and Writing Skills	Core Skills/Art Integration/ Interdisciplinary Linkages
April Topic: The Last Lesson No. of Periods: 06	Understanding the Genre Literary appreciation Central Idea Plot, Protagonists, Characters	 Assignment on The Last Lesson Discussion of Scoring Points/ Marking Scheme/Sample Questions 	Short review/ dramatization of the story	Patriotism, freedom of language and the love for one's mother tongue
Topic: My Mother at Sixty Six No. of Periods: 05	Poetic Appreciation, Rhyme Scheme Poetic Devices Central Idea	 Assignment on My Mother at Sixty Six Discussion of Scoring Points/ Marking Scheme/Sample Questions 	Critical evaluation of the theme conveyed by the poet	Eternal law of ageing & complex subtleties of human relationship.
Topic: The Tiger King No. of Periods: 06	Understanding the Genre Literary appreciation Central Idea Plot, Protagonists, Characters	 Assignment on The Tiger King Discussion of Scoring Points/ Marking Scheme/Sample Questions 	Extrapolating the story read or life of characters after the story ends/ defending the characters' actions in the story	Transience of life & power.
Topic: Writing Section No. of Periods: 06	Notice Writing, Advertisement	 Assignment on Notice & Advertisement Discussion of Scoring Points/ Marking Scheme/Sample Questions 	Write notices for school events/processes to develop writing skills.	Freedom of expression & clarity of thoughts.
May	Periodic Test - 1			
Topic : Lost Spring No. of Periods : 06	Understanding the Genre Literary appreciation Central Idea Plot, Protagonists, Characters	 Assignment on Lost Spring Discussion of Scoring Points/ Marking Scheme/Sample Questions 	Comparing and contrasting the characters within the story and with other characters in stories by the same author or by the other authors	Child exploitation through child labour. Power of optimism & hope.

Month Topic	Theme/Audio Visual Inputs	Assignment /Discussion	Listening, Speaking, Reading and Writing Skills	Core Skills/Art Integration/ Interdisciplinary Linkages
Topic: An Elementary School Classroom in a Slum No. of Periods: 05	Poetic Appreciation Rhyme Scheme Poetic Devices Central Idea	 Assignment on An Elementary School Classroom in Slum Discussion of Scoring Points/Marking Scheme/Sample Questions 	Commentary on the central idea conveyed through the poem	Poverty, Social injustice & Social inequality.
Topic : Deep Water No. of Periods : 06	Understanding the Genre Literary appreciation Central Idea Plot, Protagonists, Characters	 Assignment on Deep Water Discussion of Scoring Points/Marking Scheme/Sample Questions 	Silent reading of prescribed/selected texts for comprehension	Power of determination to overcome any adversity.
Topic: Writing Section No. of Periods: 05	Letter Writing (Formal)	 Assignment on Letter Writing Discussion of Scoring Points/Marking Scheme/Sample Questions 	Write on various issues to institutions seeking relevant information, lodge complaints, express thanks or tender apology	Freedom of expression & clarity of thoughts.
July Topic: The Rattrap No. of Periods: 05	Understanding the Genre Literary appreciation Central Idea Plot, Protagonists, Characters	 Assignment on The Rattrap Discussion of Scoring Points/Marking Scheme/Sample Questions 	Language learning activities such as role-play, dramatization, group discussion, writing, etc.	Importance of human companionship & community.
Topic: Keeping Quiet No. of Periods: 05	Poetic Appreciation Rhyme Scheme Poetic Devices Central Idea	 Assignment on Keeping Quiet Discussion of Scoring Points/Marking Scheme/Sample Questions 	Silent reading of prescribed/selected texts for comprehension	Peace, humanity and self-actualization. Power of introspection.
Topic : Indigo No. of Periods: 05	Understanding the Genre Literary appreciation Central Idea Plot, Protagonists, Characters	 Assignment on Indigo Discussion of Scoring Points/Marking Scheme/Sample Questions 	Encouraging students to role-play as various characters to interact with one another	Leadership & Social justice.

Month Topic	Theme/Audio Visual Inputs	Assignment /Discussion	Listening, Speaking, Reading and Writing Skills	Core Skills/Art Integration/ Interdisciplinary Linkages
Topic : The Third Level No. of Periods : 05	Understanding the Genre Literary appreciation Central Idea Plot, Protagonists, Characters	 Assignment on The Third Level Discussion of Scoring Points/Marking Scheme/Sample Questions 	Short review/ dramatization of the story	Time Travel & Escapism
Topic : Writing Section No. of Periods : 04	Article Writing, Report Writing	 Assignment on Articles & Reports Discussion of Scoring Points/Marking Scheme/Sample Questions 	Express opinions, facts & arguments	Freedom of speech & clarity of thoughts.
August Topic: Poets & Pancakes No. of Periods: 05	Understanding the Genre Literary appreciation Central Idea Plot, Protagonists, Characters	 Assignment on Poets & Pancakes Discussion of Scoring Points/Marking Scheme/Sample Questions 	Critical evaluation of the plot, storyline and characters	Knowledge about cosmetics & film industry.
Topic : A Thing of Beauty No. of Periods : 05	Poetic Appreciation Rhyme Scheme Poetic Devices Central Idea	 Assignment on A Thing of Beauty Discussion of Scoring Points/Marking Scheme/Sample Questions 	Appreciating the idea conveyed through the poem.	Beauty and its different forms. Worldly attachment & its consequences.
Topic : The Interview No. of Periods : 05	Understanding the Genre Literary appreciation Central Idea Plot, Protagonists, Characters	 Assignment on The Interview Discussion of Scoring Points/Marking Scheme/Sample Questions 	Group and pair activities like group discussion etc.	Different career skills.
Topic : Journey to the end of the Earth No. of Periods : 05	Understanding the Genre Literary appreciation Central Idea Plot, Protagonists, Characters	 Assignment on Journey to the end of the Earth Discussion of Scoring Points/Marking Scheme/Sample Questions 	Commentary on the characters.	Geological history of the world.
Topic: Writing Section No. of Periods : 04	Speech, Debate	 Assignment on Speech & Debate Discussion of Scoring Points/Marking Scheme/Sample Questions 	Express opinions, facts, arguments in the form a speech or debates	Freedom of expression & clarity of thoughts.
September	Half Yearly Examination and ASL			

Month Topic	Theme/Audio Visual Inputs	Assignment /Discussion	Listening, Speaking, Reading and Writing Skills	Core Skills/Art Integration/ Interdisciplinary Linkages
October Topic: Going Places No. of Periods: 05	Understanding the Genre Literary appreciation Central Idea Plot, Protagonists, Characters	 Assignment on Going Places Discussion of Scoring Points/Marking Scheme/Sample Questions 	Role playing as authors/ poets/ dramatists to defend their works and characters	Fantasies of adolescence versus Reality of life.
Topic: A Roadside Stand No. of Periods: 05	Poetic Appreciation Rhyme Scheme Poetic Devices Central Idea	 Assignment on A Roadside Stand Discussion of Scoring Points/Marking Scheme/Sample Questions 	Discussion of the theme conveyed by the poet	Social inequality.
Topic: Should Wizard Hit Mommy No. of Periods: 05	Understanding the Genre Literary appreciation Central Idea Plot, Protagonists, Characters	 Assignment on Should Wizard Hit Mommy Discussion of Scoring Points/Marking Scheme/Sample Questions 	Commentary on the characters	Issues of parenting. Perspective of an adult.
Topic: On the face of it No. of Periods: 05	Understanding the Genre Literary appreciation Central Idea Plot, Protagonists, Characters	 Assignment on On the face of it Discussion of Scoring Points/Marking Scheme/Sample Questions 	Dramatizing incidents from the story	Problems associated with the physical disability.
Topic: Writing Section No. of Periods: 04	Application Writing, Invitation	 Assignment on Application & Invitation Discussion of Scoring Points/Marking Scheme/Sample Questions 	Write applications, fill in application forms, prepare a personal bio-data for admission into colleges, universities, entrance tests and jobs	Freedom of expression & clarity of thoughts.
November Topic: Evans Tries an O-Level No. of Periods: 05	Understanding the Genre Literary appreciation Central Idea Plot, Protagonists, Characters	 Assignment on Evans Tries an O- Level Discussion of Scoring Points/Marking Scheme/Sample Questions 	Short review/ dramatization of the story	Life in a prison.

Month Topic	Theme/Audio Visual Inputs	Assignment /Discussion	Listening, Speaking, Reading and Writing Skills	Core Skills/Art Integration/ Interdisciplinary Linkages	
Topic : Aunt Jennifer's Tigers No. of Periods : 05	Poetic Appreciation Rhyme Scheme Poetic Devices Central Idea	 Assignment on Aunt Jennifer's Tigers Discussion of Scoring Points/Marking Scheme/Sample Questions 	Extrapolating the theme conveyed by the poet	Male chauvinism. Women empowerment.	
Topic: Memories of Childhood No. of Periods: 05	Understanding the Genre Literary appreciation Central Idea Plot, Protagonists, Characters	 Assignment on: Memories of Childhood Discussion of Scoring Points/Marking Scheme/Sample Questions 	Making an audio story out of the text to be read aloud	Racial discrimination & caste discrimination.	
Topic : The Enemy No. of Periods : 05	Understanding the Genre Literary appreciation Central Idea Plot, Protagonists, Characters	 Assignment on: The Enemy Discussion of Scoring Points/Marking Scheme/Sample Questions 	Critical evaluation of the plot, storyline and characters	Ethics of medical profession. Power of peace, love & humanism.	
Topic : Writing Section No. of Periods : 04	Poster Making	 Assignment on: Poster Making Discussion of Scoring Points/Marking Scheme/Sample Questions 	Develop writing skills & creativity in students.	Freedom of expression & clarity of thoughts.	
December		Pre-Board Examination			
January	Revision				
February	Revision				
March		Annual Examination			

Sr.			Syllabus	
No.	Examination	Flamingo	Vistas	Writing Skills
2	Periodic Test 1 Half Yearly Examination	 Lesson 1 The Last Lesson Poem-1 My Mother at Sixty Six Lesson 1 The Last Lesson Lesson 2 Lost Spring Lesson 3 Deep Water Lesson 4 The Rattrap Lesson 5 Indigo Lesson 6 Poets & Pancakes Lesson 7 The Interview Poem-1 My Mother at Sixty Six Poem-2 An Elementary School 	 Lesson 1 The Tiger King Lesson 2 The Enemy Lesson 3 Should Wizard Hit Mommy? Lesson 4 Third Level Lesson 5 Journey to the end of the Earth 	 Notice Advertisement Letter Article Report Writing Speech Debate
		Classroom in a SlumPoem-3 Keeping QuietPoem-4 A Thing of Beauty		
3	Pre Board Examination		Full Syllabus	

NOTE: There will be a class test and an assignment after every lesson.

Curriculum Plan of Physics Session (2019-20)

Month Topic	Sub Topic	Audio Visual Inputs	Concept Maps / Diagrams/ Interdisciplinary Linkages/ Art Integration	Practical/ Investigatory Project	Assignment / Discussion
April Topic: Electric Charges and Fields No. of periods: 10	Electric Charges; Conservation of charge, Coulomb's law-force between two point charges, forces between multiple charges; superposition principle and continuous charge distribution. Electric field, electric field due to a point charge, electric field lines, electric dipole, electric field due to a dipole, torque on a dipole in uniform electric field. Electric flux, statement of Gauss's theorem and its applications to find field due to infinitely long straight wire, uniformly charged infinite plane sheet and uniformly charged thin spherical shell (field inside and outside).	Video • Gauss law and Gaussian surface	Interdisciplinary Linkage: Maths Diagrams: 1.6, 1.8, 1.11, 1.17, 1.18, 1.20, 1.29, 1.30, 1.31 N.C.E.R.T Part 1 Art Integration: Draw diagrams of electric field at axial and equatorial point and applications of Gauss's theorem.		 Assignment Electric Charges and Fields Discussion of Scoring Points/ Marking Scheme/ Sample Questions
Topic: Electrostatic Potential and Capacitance No. of periods: 12	Electric potential, potential difference, electric potential due to a point charge, a dipole and system of charges; equipotential surfaces, electrical potential energy of a system of two point charges and of electric dipole in an electrostatic field. Conductors and insulators, free charges and bound charges inside a conductor. Dielectrics and electric polarisation, capacitors and capacitance, combination of capacitors in series and in parallel, capacitance of a parallel plate	Videos Capacitors Dielectric and its effect on capacitance	Interdisciplinary Linkage: Maths Diagrams: 2.4, 2.5, 2.11, 2.16, 2.18, 2.25, 2.30 Art Integration: Draw graph of V and E with the variation of r and diagrams of equipotential surfaces, capacitor with dielectrics and conductor	Practical To determine resistance per cm of a given wire by plotting a graph of potential difference versus current	 Assignment Electrostatic Potential and Capacitance Discussion of Scoring Points/ Marking Scheme/ Sample Questions

Month Topic	Sub Topic	Audio Visual Inputs	Concept Maps / Diagrams/ Interdisciplinary Linkages/ Art Integration	Practical/ Investigatory Project	Assignment / Discussion
Topic: Current Electricity No. of periods: 20	capacitor with and without dielectric medium between the plates, energy stored in a capacitor. Electric current, flow of electric charges in a metallic conductor, drift velocity, mobility and their relation with electric current; Ohm's law, electrical resistance, V-I characteristics (linear and nonlinear), electrical energy and power, electrical resistivity and conductivity, Carbon resistors, colour code for carbon resistors; series and parallel combinations of resistors; temperature dependence of resistance. Internal resistance of a cell, potential difference and emf of a cell, combination of cells in series and in parallel, Kirchhoff's laws and simple applications, Wheatstone bridge, metre bridge. Potentiometer - principle and its applications to measure potential difference and for comparing EMF of two cells; measurement of internal resistance of a cell.	Video • Wheatstone bridge • Metre bridge • Potentiometer	Interdisciplinary Linkage: Maths Diagrams: 3.9, 3.10, 3.11, 3.21, 3.27, 3.28 Art Integration: Draw diagrams of Kirchhoff's rule, metre bridge and potentiometer	 Practical To find resistance of a given wire using metre bridge and hence determine the resistivity (specific resistance) of its material. To verify the laws of combination (series/parallel) of resistances using a metre bridge. To compare the EMF of two given primary cells using potentiometer. To determine the internal resistance of given primary cell using potentiometer 	Assignment Current Electricity Discussion of Scoring Points/ Marking Scheme/ Sample Questions
Topic: Moving Charges and Magnetism No. of periods: 12	Concept of magnetic field, Oersted's experiment. Biot - Savart law and its application to current carrying circular loop. Ampere's law and its applications to infinitely long straight wire. Straight and toroidal solenoids (only qualitative treatment), force on a moving charge in		Interdisciplinary Linkage: Maths Diagrams: 4.2, 4.5, 4.6, 4.8, 4.11, 4.17, 4.18, 4.21, 4.24, 4.25, 4.26	•	Assignment Moving Charges and Magnetism

Month Topic	Sub Topic	Audio Visual Inputs	Concept Maps / Diagrams/ Interdisciplinary Linkages/ Art Integration	Practical/ Investigatory Project	Assignment / Discussion
	uniform magnetic and electric fields, Cyclotron. Force on a current-carrying conductor in a uniform magnetic field, force between two parallel current-carrying conductors-definition of ampere, torque experienced by a current loop in uniform magnetic field; moving coil galvanometer-its current sensitivity and conversion to ammeter and voltmeter.	Video • Cyclotron, Moving coil galvanometer	Art Integration: Draw diagram of cyclotron, moving coil galvanometer	 To determine resistance of a galvanometer by half-deflection method and to find its figure of merit. To convert the given galvanometer (of known resistance and figure of merit) into an ammeter and voltmeter of desired range and to verify the same. To find the frequency of AC mains with a sonometer. 	Discussion of Scoring Points/ Marking Scheme/ Sample Questions
May Topic:		P	Periodic Test - 1		
Magnetism and Matter No. of periods: 10	Current loop as a magnetic dipole and its magnetic dipole moment, magnetic dipole moment of a revolving electron, magnetic field intensity due to a magnetic dipole (bar magnet) along its axis and perpendicular to its axis, torque on a magnetic dipole (bar magnet) in a uniform magnetic field; bar magnet as an equivalent solenoid, magnetic field lines; earth's magnetic field and magnetic elements. Para-, dia- and ferro-magnetic substances, with examples. Electromagnets and factors affecting their strengths, permanent magnets.	Video • Earth's magnetism	Interdisciplinary Linkage: Maths Diagrams: 5.4, 5.7, 5.13, 5.14 Art Integration: Draw diagram of earths magnetism and graph showing variation of B and H		Assignment Magnetism and Matter Discussion of Scoring Points/ Marking Scheme/ Sample Questions

Month Topic	Sub Topic	Audio Visual Inputs	Concept Maps / Diagrams/ Interdisciplinary Linkages/ Art Integration	Practical/ Investigatory Project	Assignment / Discussion
July Topic: Electro- magnetic Induction No. of periods: 10	Electromagnetic induction; Faraday's laws, induced EMF and current; Lenz's Law, Eddy currents. Self and mutual induction.	Video • Eddy Current	Interdisciplinary Linkage: Maths Diagrams: 6.1, 6.2, 6.10, 6.13, 6.15, 6.16, 6.17 Art Integration: Draw diagram of self induction and mutual induction		 Assignment Electromagnetic Induction Discussion of Scoring Points/Marking Scheme/Sample Questions
Topic: Alternating Current No. of periods: 10	Alternating currents, peak and RMS value of alternating current/voltage; reactance and impedance; LC oscillations (qualitative treatment only), LCR series circuit, resonance; power in AC circuits, power factor, wattless current. AC generator and transformer.	Video • LC Oscillations, Transformers.	Interdisciplinary Linkage: Maths Diagrams: 7.4, 7.15, 7.16, 7.20 Art Integration: Draw phasor diagram of LCR circuit, graph of resonant fre., and AC generator		 Assignment Alternating Current Discussion of Scoring Points/ Marking Scheme/ Sample Questions
Topic: Electro- magnetic Waves No. of periods: 04	Basic idea of displacement current, Electromagnetic waves, their characteristics, their Transverse nature (qualitative ideas only). Electromagnetic spectrum (radio waves, microwaves, infrared, visible, ultraviolet, X-rays, gamma rays) including elementary facts about their uses.	Video • Electromagnetic waves and characteristics, Electromagnetic spectrum.	Interdisciplinary Linkage: Maths Diagrams: 8.1, 8.4, 8.5		 Assignment Electromagnetic Waves Discussion of Scoring Points/Marking Scheme/Sample Questions
August Topic: Ray Optics and Optical Instruments No. of periods: 13	Ray Optics: Reflection of light, spherical mirrors, mirror formula, refraction of light, total internal reflection and its applications, optical fibers, refraction at spherical surfaces, lenses, thin lens formula, lensmaker's formula, magnification, power of a lens, combination of thin lenses in	Video • Dispersion and Scattering, Microscope, Telescope.	Interdisciplinary Linkage: Maths Diagrams: 9.5, 9.10, 9.12, 9.17, 9.30, 9.31, 9.32 N.C.E.R.T part 11	 Practical To find the value of v for different values of u in case of a concave mirror and to find the focal length. To find the focal length of a convex mirror, 	 Assignment Ray Optics and Optical Instruments Discussion of Scoring Points/ Marking Scheme/ Sample Questions

Month Topic	Sub Topic	Audio Visual Inputs	Concept Maps / Diagrams/ Interdisciplinary Linkages/ Art Integration	Practical/ Investigatory Project	Assignment / Discussion
	contact, refraction of light through a prism. Scattering of light - blue colour of sky and reddish appearance of the sun at sunrise and sunset. Optical instruments: Microscopes and astronomical telescopes (reflecting and refracting) and their magnifying powers.		Art Integration: Drive derivations and diagram of TIR, refraction spherical surfaces, lense maker formula. Diagrams of all optical instruments	 using a convex lens. To find the focal length of a convex lens by plotting graphs between u and v or between 1/u and 1/v. To find the focal length of a concave lens, using a convex lens. To determine angle of minimum deviation for a given prism by plotting a graph between angle of incidence and angle of deviation. 	
Topic: Wave Optics No. of periods: 12	Wave optics: Wave front and Huygen's principle, reflection and refraction of plane wave at a plane surface using wave fronts. Proof of laws of reflection and refraction using Huygen's principle. Interference, Young's double slit experiment and expression for fringe width, coherent sources and sustained interference of light, diffraction due to a single slit, width of central maximum, resolving power of microscope and astronomical telescope, polarisation, plane polarised light, Brewster's law, uses of plane polarised light and Polaroids.	Video • Wavefronts, Interference, Diffraction, Polarization.	Interdisciplinary Linkage: Maths Diagrams: 10.3, 10.4, 10.5, 10.20, 10.23 Art Integration Draw diagrams of reflection and refraction by wave theory interference, diffraction and polarisation	Investigatory Project • Final Submission	 Assignment Wave Optics Discussion of Scoring Points/ Marking Scheme/ Sample Questions
September		Half Y	early Examination		

Month Topic	Sub Topic	Audio Visual Inputs	Concept Maps / Diagrams/ Interdisciplinary Linkages/ Art Integration	Practical/ Investigatory Project	Assignment / Discussion
September Topic: Dual Nature of Radiation and Matter No. of periods: 08	Dual nature of radiation, Photoelectric effect, Hertz and Lenard's observations; Einstein's photoelectric equation-particle nature of light. Matter waves-wave nature of particles, de-Broglie relation, Davisson-Germer experiment (experimental details should be omitted; only conclusion should be explained).	Video • Photoelectric effect, Davison- Germer experiment	Interdisciplinary Linkage: Maths Diagrams: 11.1, 11.3, 11.5, 11.7 Art Integration: Draw and understand graph of effects of photoelectric effect		 Assignment Dual Nature of Radiation and Matter Discussion of Scoring Points/ Marking Scheme/ Sample Questions
October Topic: Atoms No. of periods: 05	Alpha-particle scattering experiment; Rutherford's model of atom; Bohr model, energy levels, hydrogen spectrum.	Video • Rutherford's model, Bohr model,	Interdisciplinary Linkage: Maths Diagrams: 12.2, 12.3, 12.8, 12.9 Art Integration: Draw diagram of energy levels of Bohr model		 Assignment Atoms Discussion of Scoring Points/ Marking Scheme/ Sample Questions
Topic: Nuclei No. of periods: 09	Composition and size of nucleus, Radioactivity, alpha, beta and gamma particles/rays and their properties; radioactive decay law. Mass-energy relation, mass defect; binding energy per nucleon and its variation with mass number; nuclear fission, nuclear fusion.	Video • Radioactivity	Interdisciplinary Linkage: Maths Diagrams: 13.1, 13.3, 13.5 Art Integration: Draw graph of binding energy curve		 Assignment Nuclei Discussion of Scoring Points/ Marking Scheme/ Sample Questions
November Topic: Semi- conductor Electronics: Materials, Devices and Simple	Energy bands in conductors, semiconductors and insulators (qualitative ideas only) Semiconductor diode - I-V characteristics in forward and reverse bias, diode as a rectifier; Special purpose p-n junction diodes: LED, photodiode, solar cell and Zener diode and their characteristics, zener diode as a voltage regulator.	Video • LED, Photodiode, Solar cell, Zener diode.	Interdisciplinary Linkage: Maths Diagrams: 14.2, 14.4, 14.6, 14.10, 14.11, 14.12, 14.13, 14.16, 14.19, 14.21, 14.23, 14.28, 14.29, 14.31, 14.32, 14.36, 14.38, 14.40, 14.44	 To draw the I-V characteristic curve of a p-n junction in forward bias and reverse bias. To draw the characteristic curve 	• Assignment o Semi- conductor Electronics: Materials, Devices and Simple Circuits

Month Topic Circuits No. of periods: 15	Sub Topic	Audio Visual Inputs	Concept Maps / Diagrams/ Interdisciplinary Linkages/ Art Integration Art Integration: Draw graphs of characteristics of pn junction and diagrams of transistor and diodes Draw circuit diagrams of basic and combine logic gates	Practical/ Investigatory Project of a zener diode and to determine its reverse break down voltage. • To study the characteristic of a common - emitter npn or pnp transistor and to find out the values	Assignment / Discussion Discussion of Scoring Points/ Marking Scheme/ Sample Questions	
December		Pre Boa	ard Examination	of current and voltage gains.		
January			Revision			
February	Revision					
March		Annua	al Examination			

PERIODIC TEST 1:

Unit 1 & 2

HALF YEARLY EXAMINATION:

Units 1 to 5

PRE-BOARD EXAMINATION:

Full Syllabus (Units 1 to 9)

NOTE: There will be a class test and assignment after every chapter.

Curriculum Plan of Chemistry (Session: 2019-2020)

Month Topic	Sub Topic	Audio Visual Inputs	Concept Maps / Diagrams/ Interdisciplinary Linkages/ Art Integration	Practical/ Investigatory Project	Assignment / Discussion
April Topic: Solutions No. of periods: 10	Types of solutions, expression of concentration of solutions of solids in liquids, solubility of gases in liquids, solid solutions, colligative properties - relative lowering of vapour pressure, Raoult's law, elevation of boiling point, depression of freezing point, osmotic pressure, determination of molecular masses using colligative properties, abnormal molecular mass, Van't Hoff factor.	Videos to show colligative properties and abnormal molecular mass, Raoult's law.	Interdisciplinary Linkage: Maths Diagrams: Fig 2.1, 2.3, 2.6, 2.7, 2.8, 2.9, 2.10,2.11 (NCERT part 1) Art Integration: Drawing graphs on Raoult's law, deviation from Raoult's law, graphs of different on Colligative properties.	Practical: Determination of concentration/ molarity of KMnO ₄ solution by titrating it against a standard solution of: • Oxalic acid, • Ferrous Ammonium Sulphate (Students will be required to prepare standard solutions by weighing themselves).	1. Assignment on Solutions 2. Discussion of Scoring Points/ Marking Scheme/ Sample Questions
Topic: Electro- chemistry No. of periods: 12	Redox reactions, conductance in electrolytic solutions, specific and molar conductivity, variations of conductivity with concentration, Kohlrausch's Law, electrolysis and law of electrolysis (elementary idea), dry cell-electrolytic cells and Galvanic cells, lead accumulator, EMF of a cell, standard electrode potential, Nernst equation and its application to chemical cells, Relation between Gibbs energy change and EMF of a cell, fuel cells, corrosion.	Videos to show fuel cells, types of batteries, corrosion.	Interdisciplinary Linkage: Maths, Physics Diagrams: Fig 3.1, 3.2, 3.3, 3.6, 3.8, 3.9, 3.10,3.11, 3.12, 3.13 (NCERT part 1) Art Integration: Drawing graphs on variation of conductivity and molar conductivity with concentration for weak electrolyte and strong electrolyte.	 Practical: Thermochemistry Any one of the following experiments Copper Sulphate or Potassium Nitrate. Enthalpy of neutralization of strong acid (HCl) and strong base (NaOH). Determination of enthalpy change during interaction (Hydrogen bond formation) between Acetone and Chloroform. Electrochemistry Variation of cell potential in Zn/Zn²+ Cu²+/Cu with change in concentration of electrolytes (CuSO₄ or ZnSO₄) at room temperature 	Assignment on Electro-chemistry. Discussion of Scoring Points/Marking Scheme/Sample Questions

Month Topic	Sub Topic	Audio Visual Inputs	Concept Maps / Diagrams/ Interdisciplinary Linkages/ Art Integration	Practical/ Investigatory Project	Assignment / Discussion
April Topic: Chemical Kinetics No. of periods:	Rate of a reaction (Average and instantaneous), factors affecting rate of reaction: concentration, temperature, catalyst; order and molecularity of a reaction, rate law and specific rate constant, integrated rate equations and half-life (only for zero and first order reactions), concept of collision theory (elementary idea, no mathematical treatment). Activation energy, Arrhenius equation.	Videos to show activation energy, collision theory and rate of reaction.	Interdisciplinary Linkage: Maths Diagrams: Fig 4.1,4.3, 4.4, 4.5, 4.7, 4.8, 4.9, 4.10, 4.11, 4.12 (NCERT part 1) Art Integration: Drawing graphs on instantaneous and average rate of a reaction	 Practical: Chemical Kinetics Effect of concentration and temperature on the rate of reaction between Sodium Thio sulphate and Hydrochloric acid. Study of reaction rates of any one of the following: Reaction of Iodide ion with Hydrogen Peroxide at room temperature using different concentration of Iodide ions. Reaction between Potassium Iodate (KIO3) and Sodium Sulphite (Na₂SO₃) using starch solution as indicator (clock reaction). 	1. Assignment on Chemical kinetics. 2. Discussion of Scoring Points/ Marking Scheme/ Sample Questions
May Topic:		I	PERIODIC TEST - 1		
Surface Chemistry No. of periods: 08	Adsorption - physisorption and chemisorption, factors affecting adsorption of gases on solids, catalysis, homogenous and heterogenous activity and selectivity; enzyme catalysis colloidal state distinction between true solutions, colloids and suspension; lyophilic, lyophobic multi-molecular and macromolecular colloids; properties of colloids; Tyndall effect, Brownian movement, electrophoresis, coagulation, emulsion - types of emulsions.	Videos to show Tyndall effect, Brownian movement, Homogeneous and heterogeneous catalysis, enzyme catalysis.	Interdisciplinary Linkage: Physical science. Diagrams: Fig 5.1, 5.2, 5.3, 5.4, 5.6, 5.7, 5.8, 5.9, 5.10, 5.11, 5.12, 5.13, 5.14, 5.15. (NCERT part 1) Art Integration: Drawing graph on Adsorption isotherm and Freundlich Adsorption isotherm.	Practical: (1) Surface Chemistry • Preparation of one lyophilic and one lyophobic sol Lyophilic solstarch, egg albumin and gum Lyophobic solaluminium hydroxide, ferric hydroxide, arsenous sulphide. • Dialysis of sol-prepared in (a) above. • Study of the role of emulsifying agents in stabilizing the emulsion of different oils. Investigatory project: Topic Selection	Assignment on Surface Chemistry. Discussion of Scoring Points/ Marking Scheme/ Sample Questions

Month Topic	Sub Topic	Audio Visual Inputs	Concept Maps / Diagrams/ Interdisciplinary Linkages/ Art Integration	Practical/ Investigatory Project	Assignment / Discussion
July Topic: General Principles and Processes of Isolation of Elements No. of periods: 08	Principles and methods of extraction - concentration, oxidation, reduction - electrolytic method and refining; occurrence and principles of extraction of aluminium, copper, zinc and iron	Videos to show different methods of extraction	Interdisciplinary Linkage: Inorganic science. Diagrams: Fig 6.1, 6.2, 6.3, 6.4, 6.5, 6.6, 6.7, 6.8, (NCERT part 1) Art Integration: Drawing graph on Adsorption isotherm and Freundlich Adsorption isotherm.	 PRACTICAL: Chromatography Separation of pigments from extracts of leaves and flowers by paper chromatography and determination of R_f values. Separation of constituents present in an inorganic mixture containing two cations only (constituents having large difference in R_f values to be provided). 	Assignment on General Principles and Processes of Isolation of Elements Discussion of Scoring Points/ Marking Scheme/ Sample Questions
Topic: 'p' block elements No. of periods: 14	Group 16 Elements: General introduction, electronic configuration, oxidation states, occurrence, trends in physical and chemical properties, dioxygen: Preparation, Properties and uses, classification of Oxides, Ozone, Sulphur - allotropic forms; compounds of Sulphur: Preparation Properties and uses of Sulphur-dioxide, Sulphuric Acid: industrial process of manufacture, properties and uses; Oxoacids of Sulphur (Structures only). Group 17 Elements: General introduction, electronic configuration, oxidation states, occurrence, trends in physical and chemical properties; compounds of halogens	Videos to show structures of oxoacids.	Diagrams: Fig 7.5, 7.6, 7.7, 7.8, 7.9 (NCERT part 1) Art Integration: Drawing structures of oxoacids and compounds of noble gases.	Revision of practical	1. Assignment on p - Block Elements 2. Discussion of Scoring Points/ Marking Scheme/ Sample Questions

Month Topic	Sub Topic	Audio Visual Inputs	Concept Maps / Diagrams/ Interdisciplinary Linkages/ Art Integration	Practical/ Investigatory Project	Assignment / Discussion
Topic: 'd' and 'f' Block Elements No. of periods: 12	Group 17 Elements: Preparation, properties and uses of Chlorine and Hydrochloric acid, interhalogen compounds, Oxoacids of halogens (structures only). Group 18 Elements: General introduction, electronic configuration, occurrence, trends in physical and chemical properties, uses. General introduction, electronic configuration, occurrence and characteristics of transition metals, general trends in properties of the first-row transition metals - metallic character, ionization enthalpy, oxidation states, ionic radii, colour, catalytic property, magnetic properties, interstitial compounds, alloy formation, preparation and properties of K ₂ Cr ₂ O ₇ and KMnO ₄ . Lanthanoids - Electronic configuration, oxidation states, chemical reactivity and lanthanoid contraction and its consequences. Actinoids - Electronic configuration, oxidation states and comparison with lanthanoids.	Video to show lanthanoid contraction and properties of K ₂ Cr ₂ O ₇ and KMnO ₄ .	Diagrams/ Graphs: Fig 8.1, 8.2, 8.3, 8.4, 8.6, 8.7 (NCERT part 1) Art Integration: Drawing graph on different properties like atomic radii etc.	Revision of practical	1. Assignment on 'd' and 'f' Block Elements 2. Discussion of Scoring Points/ Marking Scheme/ Sample Questions
August Topic: Coordination Compounds No. of periods: 12	Coordination compounds - Introduction, ligands, coordination number, colour, magnetic properties and shapes, IUPAC nomenclature of mononuclear coordination compounds. Bonding, Werner's theory, VBT, and CFT; structure and stereoisomerism, importance of coordination compounds (in qualitative inclusion, extraction of metals and biological system).	Video to show stereoisomeris m	Diagrams: Fig 9.1, 9.2, 9.3, 9.4, 9.5, 9.6, 9.7, 9.8, 9.9, 9.10, 9.13, 9.14 (NCERT part 1) Art Integration: Drawing structures of metal carbonyls, d orbital splitting in octahedral and tetrahedral crystal field.	Practical: (1) Preparation of inorganic compounds • Preparation of double salt of Ferrous Ammonium Sulphate or Potash Alum. • Preparation of Potassium Ferric Oxalate.	Assignment on coordination compounds. Discussion of Scoring Points/ Marking Scheme/ Sample Questions

Month Topic	Sub Topic	Audio Visual Inputs	Concept Maps / Diagrams/ Interdisciplinary Linkages/ Art Integration	Practical/ Investigatory Project	Assignment / Discussion
Topic: Haloalkanes and Haloarenes No. of periods: 12	Haloalkanes: Nomenclature, nature of C-X bond, physical and chemical properties, mechanism of substitution reactions, optical rotation. Haloarenes: Nature of C-X bond, substitution reactions (Directive influence of halogen in monosubstituted compounds only). Uses and environmental effects of -dichloromethane, trichloro methane, tetrachloromethane, iodoform, freons, DDT	Videos to show retention, inversion and racemic mixtures.	Diagrams: Fig 10.2, 10.3, 10.4, 10.5 (NCERT part 2) Art Integration: Drawing structures to show retention, inversion and racemic mixtures.	PRACTICAL: (1) Preparation of Organic Compounds Preparation of any one of the following compounds • Acetanilide • Di -benzal Acetone • p-Nitro acetanilide • Aniline yellow or 2 - Naphthol Aniline dye.	Assignment on Haloalkanes and Haloarenes Discussion of Scoring Points/ Marking Scheme/ Sample Questions
Topic: Alcohols, Phenols and Ethers No. of periods: 12	Alcohols: Nomenclature, methods of preparation, physical and chemical properties (of primary alcohols only), identification of primary, secondary and tertiary alcohols, mechanism of dehydration, uses with special reference to methanol and ethanol. Phenols: Nomenclature, methods of preparation, physical and chemical properties, acidic nature of phenol, electrophilic substitution reactions, uses of phenols. Ethers: Nomenclature, methods of preparation, physical and chemical properties, uses.	Video to show mechanism of dehydration in alcohols.	Art Integration: Drawing different resonating structures to explain the structure of phenol.	PRACTICAL: (1) Qualitative analysis Determination of one cation and one anion in a given salt. Cation - Pb ²⁺ , Cu ²⁺ , Al ³⁺ , Fe ³⁺ , Mn ²⁺ , Zn ²⁺ , Cu ²⁺ , Co ²⁺ , Ni ²⁺ , Ca ²⁺ , Sr ²⁺ , Ba ²⁺ , Mg ²⁺ , [NH4] ⁺ Anions - [CO ₃] ²⁻ , S ²⁻ , [SO ₃] ²⁻ , [SO ₄] ²⁻ , [NO ₂] ⁻ , Cl ⁻ , Br-, I-, [PO ₄] ³⁻ , [C ₂ O ₄] ²⁻ , CH ₃ COO- (Note: Insoluble salts excluded) PROJECT SUBMISSION	 Assignment on Alcohols, Phenols and Ethers Discussion of Scoring Points/ Marking Scheme/ Sample Questions
September		На	lf Yearly Examination		1

Month Topic	Sub Topic	Audio Visual Inputs	Concept Maps / Diagrams/ Interdisciplinary Linkages/ Art Integration	Practical/ Investigatory Project	Assignment / Discussion
October Topic: Aldehydes, Ketones and Carboxylic Acids No. of periods: 14	Aldehydes and Ketones: Nomenclature, nature of carbonyl group, methods of preparation, physical and chemical properties, Mechanism of nucleophilic addition, reactivity of alpha hydrogen in aldehydes, uses. Carboxylic Acids: Nomenclature, acidic nature, methods of preparation, physical and chemical properties; uses.	Videos to show mechanism of addition and nucleophilic reactions	Art Integration: Writing mechanism of different reactions by showing arrows for transfer of electrons.	PRACTICAL: (1) Tests for the functional groups present in organic compounds: Unsaturation, alcoholic, phenolic, aldehydic, ketonic, carboxylic and amino (Primary) groups.	1. Assignment on Aldehydes, Ketones and Carboxylic Acids 2. Discussion of Scoring Points/ Marking Scheme/ Sample Questions
November Topic: Organic compounds containing Nitrogen No. of periods: 12	Amines: Nomenclature, classification, structure, methods of preparation, physical and chemical properties, uses, identification of primary, secondary and tertiary amines. Cyanides and Isocyanides - will be mentioned at relevant places in text. Diazonium salts: Preparation, chemical reactions and importance in synthetic organic chemistry.	Videos to show chemical properties of amines.	Art Integration: Drawing resonating structures to explain the acidity of amines.	Revision of practical	1. Assignment on Organic compounds containing Nitrogen 2. Discussion of Scoring Points/ Marking Scheme/ Sample Questions
Topic: Biomolecules No. of periods: 12	Carbohydrates - Classification (aldoses and ketoses), monosaccharides (glucose and fructose), D-L configuration oligosaccharides (sucrose, lactose, maltose), polysaccharides (starch, cellulose, glycogen); Importance of carbohydrates. Proteins -Elementary idea of - amino acids, peptide bond, polypeptides, proteins, structure of proteins - primary, secondary, tertiary structure and quaternary structures (qualitative idea only), denaturation of proteins; enzymes. Hormones - Elementary idea excluding structure. Vitamins - Classification and functions. Nucleic Acids: DNA and RNA.	Videos to show structure of carbohydrate, proteins and nucleic acids.	Art Integration: Drawing structures of carbohydrate, proteins and nucleic acids.	Practical: (1) Characteristic tests of carbohydrates, fats and proteins in pure samples and their detection in given food stuffs.	1. Assignment on Biomolecules 2. Discussion of Scoring Points/ Marking Scheme/ Sample Questions

Month Topic	Sub Topic	Audio Visual Inputs	Concept Maps / Diagrams/ Interdisciplinary Linkages/ Art Integration	Practical/ Investigatory Project	Assignment / Discussion		
Topic: Polymers No. of periods: 06	Copolymerization, some important polymers: natural and synthetic like polythene, nylon polyesters, Bakelite, rubber. Biodegradable and nonbiodegradable polymers.	Videos to show different types of polymerization reactions.	Art Integration: Drawing structures of different monomers which form polymers.	Revision of practical	1. Assignment on Polymers 2. Discussion of Scoring Points/ Marking Scheme/ Sample Questions		
Topic: Chemistry in Everyday life No. of periods: 06	Chemicals in medicines - analgesics, tranquilizers antiseptics, disinfectants, antimicrobials, antifertility drugs, antibiotics, antacids, antihistamines. Chemicals in food - preservatives, artificial sweetening agents, elementary idea of antioxidants. Cleansing agents- soaps and detergents, cleansing action.	Videos to show cleansing action of soaps.	Art Integration: Drawing lock and key mechanism of enzyme and substrate, cleansing action of soap.	Revision of practical	1. Assignment on Chemistry in Everyday life 2. Discussion of Scoring Points/ Marking Scheme/ Sample Questions		
December		Pre Boar	d Examination				
January		R	evision				
February	Revision						
March		Annual	Examination				

Periodic Test 1:

Units 1 - 3

Half Yearly Examination:

Units 1 - 9

Pre-Board Examination

Full Syllabus (Units 1 - 14)

NOTE: There will be a class test and assignment after every chapter.

Curriculum Plan of Mathematics (Session: 2019-2020)

Month Topic	Sub Topic	Concept/ Mathematics Activities	Discussion	Assignment
April Topic: Inverse Trigonometric Functions No. of Periods: 15	Definition, range, domain, principal value branch. Graphs of inverse trigonometric Functions Elementary properties of inverse trigonometric functions.	 To draw the graph of sin⁻¹x, using the graph of sin x and demonstrate the concept of mirror reflection (about the line y = x) To explore the principal value of the function sin⁻¹x using a unit circle. 	Discussion of Scoring Points/ Marking Scheme/ Sample Questions	Assignment on Inverse Trigonometric Functions
Topic: Matrices No. of Periods: 25	Concept, notation, order, equality, types of matrices, zero and identity matrix, transpose of a matrix, symmetric and skew symmetric matrices. Operation on matrices: Addition and multiplication and multiplication with a scalar. Simple properties of addition, multiplication and scalar multiplication. Noncommutativity of multiplication of matrices and existence of nonzero matrices whose product is the zero matrix (restrict to square matrices of order 2). Concept of elementary row and column operations. Invertible matrices and proof of the uniqueness of inverse, if it exists; (Here all matrices will have real entries).		Discussion of Scoring Points/ Marking Scheme/ Sample Questions	Assignment on Algebra of Matrices
Topic: Determinants No. of Periods: 25	Determinant of a square matrix (up to 3 x 3 matrices), properties of determinants, minors, co-factors and applications of determinants in finding the area of a triangle. Adjoint and inverse of a square matrix. Consistency, inconsistency and number of solutions of system of linear equations by examples, solving system of linear equations in two or three variables (having unique solution) using inverse of a matrix.		Discussion of Scoring Points/ Marking Scheme/ Sample Questions	Assignment on Determinants (especially operation based and system of equations)

Month Topic	Sub Topic	Concept/ Mathematics Activities	Discussion	Assignment
May Topic: Continuity and Differentiability No. of Periods: 20	Continuity and differentiability, derivative of composite functions, chain rule, derivative of inverse trigonometric functions, derivative of implicit functions. Concept of exponential and logarithmic functions. Derivatives of logarithmic and exponential functions. Logarithmic differentiation, derivative of functions expressed in parametric forms. Second order derivatives. Rolle's and Lagrange's Mean Value Theorems (without proof) and their geometric interpretation.	• To find analytically the limit of a function $f(x)$ at $x = c$ and also to check the continuity of the function at that point.	Discussion of Scoring Points/ Marking Scheme/ Sample Questions	Assignment on Continuity, differentiability and Derivatives of various functions
Topic: Applications of Derivatives No. of Periods:	Applications of derivatives: rate of change of bodies, increasing/decreasing functions, tangents and normal use of derivatives in approximation, maxima and minima (first derivative test motivated geometrically and second derivative test given as a provable tool). Simple problems (that illustrate basic principles and understanding of the subject as well as real-life situations).	 To verify Rolle's Theorem & Lagrange's Theorem To understand the concepts of decreasing and increasing functions 	Discussion of Scoring Points/ Marking Scheme/ Sample Questions	Assignment on Applications of derivatives (especially increasing-decreasing functions & maxima- minima concept)
July Topic: Integrals No. of Periods: 20	Integration as inverse process of differentiation. Integration of a variety of functions by substitution, by partial fractions and by parts, Evaluation of simple integrals of the following types and problems based on them. $\int \frac{dx}{x^2 \pm a^2} \int \frac{dx}{\sqrt{x^2 \pm a^2}} \int \frac{dx}{\sqrt{a^2 - x^2}} \int \frac{dx}{ax^2 + bx + c} \int \frac{dx}{\sqrt{ax^2 + bx + c}} \int \frac{dx}{\sqrt{ax^2 + bx + c}} dx \int \sqrt{a^2 \pm a^2} dx \int \sqrt{a^2 \pm a^2} dx \int \sqrt{a^2 + bx + c} dx$ Definite integrals as a limit of a sum, Fundamental Theorem of Calculus (without proof). Basic properties of definite integrals and evaluation of definite integrals.	_	Discussion of Scoring Points/ Marking Scheme/ Sample Questions	Assignment on Definite & Indefinite integrals

Month Topic	Sub Topic	Concept/ Mathematics Activities	Discussion	Assignment
Topic : Applications of the Integrals No. of Periods : 15	Applications in finding the area under simple curves, especially lines, circles/ parabolas/ellipses (in standard form only), Area between any of the two above said curves (the region should be clearly identifiable).		Discussion of Scoring Points/ Marking Scheme/ Sample Questions	Assignment on Areas bounded by the curves (including all type of equations)
August Topic: Differential Equations No. of Periods: 15	Definition, order and degree, general and particular solutions of a differential equation. Formation of differential equation whose general solution is given. Solution of differential equations by method of separation of variables, solutions of homogeneous differential equations of first order and first degree. Solutions of linear differential equation of the type: $\frac{dy}{dx} + py = q, \text{ where p and q are functions of x or constants.}$ $\frac{dx}{dy} + px = q, \text{ where p and q are functions of y or constants.}$		Discussion of Scoring Points/ Marking Scheme/ Sample Questions	Assignment on Differential equations (especially homogeneous equations & linear differential equations)
Topic: Vectors No. of Periods: 15	Vectors and scalars, magnitude and direction of a vector. Direction cosines and direction ratios of a vector. Types of vectors (equal, unit, zero, parallel and collinear vectors), position vector of a point, negative of a vector, components of a vector, addition of vectors, multiplication of a vector by a scalar, position vector of a point dividing a line segment in a given ratio. Definition, Geometrical Interpretation, properties and application of scalar (dot) product of vectors, vector (cross) product of vectors, scalar triple product of vectors.	• To verify geometrically that $\vec{c} \times (\vec{a} + \vec{b}) = \vec{c} \times \vec{a} + \vec{c} \times \vec{b}$	Discussion of Scoring Points/ Marking Scheme/ Sample Questions	Assignment on Dot product, cross product and triple product of vectors
September	Half Yearly Examination			

Month Topic	Sub Topic	Concept/ Mathematics Activities	Discussion	Assignment	
October Topic: Three - dimensional Geometry No. of Periods: 15	Direction cosines and direction ratios of a line joining two points. Cartesian equation and vector equation of a line, coplanar and skew lines, shortest distance between two lines. Cartesian and vector equation of a plane. Angle between (i) two lines, (ii) two planes, (iii) a line and a plane. Distance of a point from a plane.	 To demonstrate the equation of a plane in normal form. To measure the shortest distance between two skew lines and verify it analytically. 	Discussion of Scoring Points/ Marking Scheme/ Sample Questions	Assignment on D.C.'s & D.R.'s of line, co planarity, Cartesian & vector equations, shortest distance between lines and study of plane.	
Topic: Linear Programming No. of Periods: 20	Introduction, related terminology such as constraints, objective function, optimization, different types of linear programming (L.P.) problems, mathematical formulation of L.P. problems, graphical method of solution for problems in two variables, feasible and infeasible regions (bounded or unbounded), feasible and infeasible solutions, optimal feasible solutions (up to three non-trivial constraints).		Discussion of Scoring Points/ Marking Scheme/ Sample Questions	Assignment on Formulation of L.P.P., feasible & infeasible solutions	
November Topic: Probability No. of Periods: 30	Conditional probability, multiplication theorem on probability, independent events, total probability, Bayes' theorem, Random variable and its probability distribution, mean and variance of random variable.	To explain the computation of conditional probability of a given event A, when event B has already occurred through an example of throwing a pair of dice.	Discussion of Scoring Points/ Marking Scheme/ Sample Questions	Assignment on conditional probability, Bayes' Theorem, random variable, probability distribution, mean and variance of random variable.	
Topic: Relations and Functions No. of Periods: 15	Types of relations: reflexive, symmetric, transitive and equivalence relations. One to one and on to functions, composite functions, inverse of a function.	 To verify that the relation R in the set L of all lines in a plane, defined by R = {(l, m): llm} is an equivalence relation. To demonstrate a function which is one-one but not onto. 	Discussion of Scoring Points/ Marking Scheme/ Sample Questions	Assignment on type of Relations, inverse of function, binary operation, one-one, many one, onto functions.	
December	Pre Board Examination				

Periodic Test - 1

- > Inverse Trigonometric Functions
- Matrices
- Determinants

Half Yearly Examination

- > Inverse Trigonometric Functions
- Matrices
- Determinants
- > Continuity and Differentiability
- > Applications of Derivatives
- > Integrals
- > Applications of Integrals
- Differential Equations
- > Vectors

Pre Board Examination

Full Syllabus

NOTE: There will be a class test after every chapter.

Curriculum Plan of Biology (Session: 2019-2020)

Month Topic	Sub Topic	Audio Visual Inputs	Concept Maps / Diagrams/ Interdisciplinary Linkages/ Art Integration	Practical/ Investigatory Project	Assignment / Discussion
April Topic: Reproduction in Organisms No. of Periods: 05 Topic: Sexual Reproduction in Flowering Plants No. of Periods: 10	Reproduction, a characteristic feature of all organisms for continuation of species; modes of reproduction - asexual and sexual reproduction; asexual reproduction - binary fission, sporulation, budding, gemmule formation, fragmentation; vegetative propagation in plants. Flower structure; development of male and female gametophytes; pollination - types, agencies and examples; outbreeding devices; pollen-pistil interaction; double fertilization; post fertilization events - development of endosperm and embryo, development of seed and formation of fruit; special modes- apomixis, parthenocarpy, polyembryony; Significance of seed dispersal and fruit formation.	a. Modes of reproduction - asexual and sexual reproduction b. Events in sexual reproduction Structure of flower Pollination, Fertilization in plants. Pollen- pistil interaction;	 Concept Map Figure 1.1 - Figure 1.8 Figure 2.1 - Figure 2.15 	 Practical Study pollen germination on a slide. Flowers adapted to pollination by different agencies (wind, insects, and birds). Pollen germination on stigma through a permanent slide. Controlled pollination - emasculation, tagging and bagging. Investigatory Project Selection of the topic Planning of the project Experimentation for the project 	Assignment Reproduction in Organisms Flower - A fascinating organ-Pollination Pollen Pistil interaction-Apomixis Discussion of Scoring Points/Marking Scheme/Sample Questions
May Topic: Human Reproduction	Male and female reproductive systems; microscopic anatomy of testis and ovary; gametogenesis - spermatogenesis and oogenesis; menstrual cycle; fertilisation,	Male and female reproductive systems; Spermatogenesis, oogenesis; menstrual cycle	• Concept Map o Figure 3.1- Figure 3.12	 Practical Identification of stages of gamete development, i.e., T.S. of testis and T.S. of ovary through permanent slides (from grasshopper/mice). 	• Assignment O Male Reproductive system— oogenesis

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No. of Periods: 10	embryo development upto blastocyst formation, implantation; pregnancy and placenta formation (elementary idea); parturition (elementary idea); lactation (elementary idea).		Meiosis in onion bud cell or grasshopper testis through permanent slides.	 Practical T.S. of blastula through permanent slides (Mammalian). Meiosis in onion bud cell or grasshopper testis through permanent slides. 	 Assignment Menstrual cycle- Lactation Discussion of Scoring Points/ Marking Scheme/ Sample Questions
Topic: Reproductive Health No. of Periods: 05	Need for reproductive health and prevention of Sexually Transmitted Diseases (STDs); birth control - need and methods, contraception and medical termination of pregnancy (MTP); amniocentesis; infertility and assisted reproductive technologies - IVF, ZIFT, GIFT (elementary idea for general awareness).	Methods of contraception and medical termination of pregnancy (MTP); amniocentesis; infertility and assisted reproductive technologies - IVF, ZIFT, GIF	• Concept Map O Figure 4.1- Figure 4.4	Investigatory Project Discussion of how to write a project/ investigatory experiment	 Assignment Reproductive Health Discussion of Scoring Points/ Marking Scheme/ Sample Questions
July Topic: Principles of Inheritance and Variation No. of Periods: 15	Heredity and variation: Mendelian inheritance; deviations from Mendelism – incomplete dominance, co- dominance, multiple alleles and inheritance of blood groups, pleiotropy; elementary idea of polygenic inheritance; chromosome theory of inheritance; chromosomes and genes; Sex determination - 9 in humans, birds and honey bee; linkage and crossing over; sex linked inheritance - haemophilia,	Incomplete dominance, co- dominance, multiple alleles and inheritance of blood groups, pleiotropy; chromosome theory of inheritance; chromosomes and genes; Sex determination	• Concept Map o Figure 5.1- Figure 5.17	 Practical Mendelian inheritance using seeds of different colour/sizes of any plant. Prepared pedigree charts of any one of the genetic traits such as rolling of tongue, blood groups, ear lobes, widow's peak and colour blindness 	Assignment Mendelian inheritance – polygenic inheritance Chromosomal theory of inheritance – Chromosomal disorder

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	colour blindness; Mendelian disorders in humans -thalassemia; chromosomal disorders in humans; Down's syndrome, Turner's and Klinefelter's syndromes.				Discussion of Scoring Points/ Marking Scheme/ Sample Questions
Topic: Molecular Basis of Inheritance No. of Periods: 15	Search for genetic material and DNA as genetic material; Structure of DNA and RNA; DNA packaging; DNA replication; Central dogma; transcription, genetic code, translation; gene expression and regulation - lac operon; genome and human and rice genome projects; DNA fingerprinting.	Structure of DNA and RNA; DNA packaging; DNA replication; Central dogma; transcription, genetic code, translation; gene expression and regulation - lac operon; genome and human and rice genome projects; DNA fingerprinting	• Concept Map o Figure 6.1- Figure 6.16	Investigatory ProjectFirst draft	 Assignment The DNA-Properties of genetic material RNA world- Adapter molecule Translation – DNA fingerprinting Discussion of Scoring Points/ Marking Scheme/ Sample Questions
Topic: Evolution No. of Periods: 10	Origin of life; biological evolution and evidences for biological evolution (paleontology, comparative anatomy, embryology and molecular evidences); Darwin's contribution, modern synthetic theory of evolution; mechanism of evolution - variation (mutation and recombination) and natural selection with examples, types of natural selection; Gene flow and genetic drift; Hardy - Weinberg's principle; adaptive radiation; human evolution.	Origin of life; mutation and recombination) and natural selection Gene flow and genetic drift, Hardy - Weinberg's principle, adaptive radiation, human evolution.	• Concept Map o Figure 7.1- Figure 7.11	Practical Study of homologous and analogous organs with the help of charts	 Assignment Origin of life-Adaptive Radiation Biological evolution – Human Evolution Discussion of Scoring Points/ Marking Scheme/ Sample Questions
Topic: Human Health and disease	Pathogens; parasites causing human diseases (malaria, dengue, chickengunia, filariasis, ascariasis, typhoid, pneumonia, common cold,	Basic concepts of immunology – vaccines, cancer, HIV and AIDS, Adolescence, drug and alcohol abuse.	• Concept Map o Figure 8.1- Figure 8.11	Practical Common disease causing or	Assignment Common diseases in humans –immune system in the body

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No. of Periods: 15	amoebiasis, ring worm) and their control; Basic concepts of immunology - vaccines; cancer, HIV and AIDS; Adolescence - drug and alcohol abuse.			organisms like Ascaris, Entamoeba, Plasmodium, any fungus causing ringworm through permanent slides or specimens. Comment on symptoms of diseases that they cause	 Assignment AIDS—Alcohol Abuse Discussion of Scoring Points/ Marking Scheme/ Sample Questions
August Topic: Strategies for Enhancement in Food Production No. of Periods: 10	Improvement in food production: Plant breeding, tissue culture, single cell protein, Biofortification, Apiculture and Animal husbandry.	Plant breeding, tissue culture, single cell protein, Biofortification, Apiculture and Animal husbandry.	• Concept Map O Figure 9.1- Figure 9.13	 Investigatory Project Second draft 	 Assignment Animal husbandry – fisheries Plant breeding—Tissue culture Discussion of Scoring Points/Marking Scheme/ Sample Questions
Topic: Microbes in Human Welfare No. of Periods: 05	In household food processing, industrial production, sewage treatment, energy generation and microbes as bio-control agents and bio-fertilizers. Antibiotics; production and judicious use	Sewage treatment, energy generation and microbes as bio-control agents and bio-fertilizers. Antibiotics;	• Concept Map o Figure 10.1- Figure 10.8		 Assignment Microbes in Human Welfare Discussion of Scoring Points/ Marking Scheme/ Sample Questions
Topic: Principles and Processes of Biotechnology No. of Periods: 15	Genetic Engineering (Recombinant DNA Technology).	Recombinant DNA Technology	 Concept Map Figure 11.1- Figure 11.7 	 Practical Study the effect of different temperatures and three different pH on the activity of salivary amylase on starch. Prepare a temporary mount of onion root tip to study mitosis. 	 Assignment Principles and Processes of Biotechnology Discussion of Scoring Points/ Marking Scheme/ Sample Questions

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September			Half Yearly Examination	on	
Topic: Biotechnology and Its Applications No. of Periods: 15	Application of biotechnology in health and agriculture, Human insulin and vaccine production, stem cell technology, gene therapy; genetically modified organisms – BT crops, transgenic animals; Biosafety issues, bio piracy and patents.	Gene therapy; genetically modified organisms – BT crops, transgenic animals	• Concept Map o Figure 12.1- Figure 12.3	 Practical Isolate DNA from available plant material such as spinach, green pea seeds, papaya, etc. Investigatory Project Final Draft 	 Assignment Biotechnology and Its Applications Discussion of Scoring Points/ Marking Scheme/ Sample Questions
October Topic: Organisms and Population No. of Periods: 07	Habitat and niche, population and ecological adaptations; population interactions - mutualism, competition, predation, parasitism; population attributes - growth, birth rate and death rate, age distribution.	Population interactions	• Concept Map o Figure 13.1- Figure 13.6	 Practical Study the plant population density by quadrat method. Collect and study soil from at least two different sites and study them for texture, moisture content, pH and water holding capacity. Correlate with the kinds of plants found in them. 	 Assignment Organisms and its environment – Life history variation Population interactions Discussion of Scoring Points/ Marking Scheme/ Sample Questions
Topic: Ecosystems No. of Periods: 07	Patterns, components; productivity and decomposition; energy flow, pyramids of number, biomass, energy, nutrient cycles (carbon and phosphorous), ecological succession, ecological services - carbon fixation, pollination, seed dispersal, oxygen release.	Pyramids of number, biomass, energy, nutrient cycles (carbon and phosphorous), ecological succession, ecological services - carbon fixation, pollination	• Concept Map O Figure 14.1- Figure 14.7	Practical Two plants and two animals (models/virtual images) found in xeric conditions. Comment upon their morphological adaptations.	 Assignment Ecosystem structure and function- Energy flow Ecological pyramids—

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November Topic: Biodiversity and its Conservation No. of Periods: 08	Concept of biodiversity; patterns of biodiversity; importance of biodiversity, loss of biodiversity, biodiversity conservation, hotspots, endangered organisms, extinction, Red Data Book, biosphere reserves, national parks and sanctuaries.	Concept, patterns, importance, loss, conservation of biodiversity; hotspots, endangered organisms, extinction, Red Data Book, biosphere reserves, national parks and sanctuaries.	• Concept Map o Figure 15.1- Figure 15.2	Practical Two plants and two animals (models / virtual images) found in aquatic conditions. Comment upon their morphological adaptations.	 Assignment Biodiversity –loss of Biodiversity Biodiversity conservation Discussion of Scoring Points/ Marking Scheme/ Sample Questions
Topic: Environmental Issues No. of Periods: 08	Air pollution and its control, water pollution and its control, agrochemicals and their effects, solid waste management, radioactive waste management, greenhouse effect and global warming, ozone depletion, deforestation. Any three case studies as success stories addressing environmental issues, diseases; dengue and chickengunia.	Air, Water pollution and its control	• Concept Map o Figure 16.1- Figure 16.8	 Practical Collect water from two different water bodies around you and study them for pH, clarity and presence of any living organism. Study the presence of suspended particulate matter in air at two widely different sites. 	 Assignment Air Pollution and its Control—Intergerated waste water treatment Solid waste- Case study of people's participation in conservation of forest Discussion of Scoring Points/ Marking Scheme/ Sample Questions
December	Pre Board Examination				
January	Revision				
February	Revision				
March	Annual Examination				

EXAMINATION SYLLABUS

Periodic Test - 1

Chapters 1 To 5

Half Yearly Examination

Chapters 1 To 11

Pre-Board Examination

Chapters 1 to 16

NOTE: There will be a class test and assignment after completion of every chapter.

Curriculum Plan of Computer Science (Session: 2019-2020)

Month/Topic	Theory	Practical/Project	Miscellaneous
April No. of periods: 31 Topic: Review	 C++ covered in Class XI Concepts of OOP Data hiding Data encapsulation Class and Object Abstract class and Concrete class Polymorphism (Implementation of polymorphism using Function overloading as an example in C++) Inheritance Advantages of OOP over earlier programming methodologies 	Write a program to find area of following using function overloading. • Area of circle (function with one parameter) • Area of rectangle (function with two parameters) • Area of triangle (function with three parameters)	 Assignment header files, error finding, output based questions from C++ covered in class XI Concepts of OOP Classes and Objects Discussion of Scoring Points/ Marking Scheme/ Sample Questions Art Integration: Draw diagram to show inheritance
Topic: Implementation of OOP concepts in C++	 Definition of a class Member of a class – Data Members and Member Functions (methods) Using Private and Public visibility modes, default visibility mode (private) 	 Define a class worker with the following specification: Private members of class worker: Wno, wname, hrwrk, wgrate, totwage calcwg() A function to find hrwrk * wgrate Public members of class worker: in_data() A function to accept values for wno, wname, hrwrk, wgrate and invoke calcwg (). out_data() A function to display all the data members on the screen Define a class Applicant with the following specification: Private members: ANo, Name, Agg, Grade A member function GradeMe() to find the Grades as per following criteria: 	 Inter disciplinary linkage: Mathematics Core Skills: Problem solving, Creative thinking, Interpersonal Relationship

Month/Topic	Theory	Practical/Project	Miscellaneous
Topic: Implementation of OOP concepts in C++	 Member function definition: inside class definition and outside class definition using scope resolution operator (::) Accessing members from object (s) Objects as function arguments—pass by value and pass by reference 	Aggregate Marks ≥ 80 A Less than 80 and ≥ 65 B Less than 65 and ≥ 50 C Less than 50 D Public members: • ENTER () to allow user to enter values for ANo, Name, Agg and call GradeMe (). • RESULT () to allow user to view the content of all the data members. 3. Define a class HOTEL with the following specification: Private members: • RNO, NAME, TARIFF, NOD • CALC () function to calculate and return Amount as NOD * Tariff and if the value of NOD * Tariff is more than 10000 then as 1.05 * NOD * Tariff Public members: • Check_in() function to enter the content Rno, Name, Tariff and NOD • Check_out() function to display Rno, Name, Tariff, NOD and Amount (Amount to be displayed by calling function CALC ().) 4. Define a class Student with the following specification: Private members: • roll_no, name, Class, marks (an array of size 4), percentage • Calculate () function that calculates overall percentage and Public members: • Read() to accept marks and invoke Calculate() • Display () function to print the data values 5. Define a class myfolder with the following specification: Private members: • Filenames - an array of strings of size [10][25] (to represent all the names of files under myfolder) • Availspace - long (total number of bytes available)	 Discussion of Scoring Points/ Marking Scheme/ Sample Questions Art Integration: Draw diagram to show inheritance Inter disciplinary linkage: Mathematics Core Skills: Problem solving, Creative thinking, Interpersonal Relationship

Month/Topic	Theory	Practical/Project	Miscellaneous
Topic: Constructor and	> Constructor	 Usedspace - long (total number of bytes used) Public members: Newfileentry() - A function to accept values for Filesname, Availspace and Usedspace from user Retavailspace() - A function that returns the value of total Kilobytes available(1 Kilobyte = 1024 bytes) Showfiles() - A function that displays the names of all the files Define a class TravelPlan: Private members: PlanCode, Place, Number_of_travellers, 	• Assignment
Destructor	 Special characteristics Declaration and definition of a constructor Default constructor Overloaded constructors Copy constructor Constructor with default arguments 	Number_of_buses Public members: • A constructor to assign initial values of PlanCode as 1001, Place as "Agra", Number_of_travellers as 5, Number_of_buses as 1 • A function NewPlan() which allows user to enter PlanCode, Place and Number_of_travellers. Also, assign the value of Number_of_buses as follows: Number_of_travellers Number_of_buses Less than 20 Equal to or more than 20 and less than 40 Equal to 40 or more than 40 • A function Showplan() to display the content of all the data 2. Create the class SOCIETY with following information: Data members: society_name, house_no, no_of_members, flat, income Member functions: • A constructor to assign initial values of society_name as "Surya Apartments", flat as "A Type", house_no as 20, no_of_members as 3, income as 25000. • Inputdata() - to read data members(society, house_no, no_of_members& income) and call allocate_flat(). • allocate_flat() - To allocate flat according to income Income Flat >=25000 A Type >=20000 and <25000 B Type < Type	 Constructor and Destructor Discussion of Scoring Points/ Marking Scheme/ Sample Questions Inter disciplinary linkage: Mathematics Core Skills: Problem solving, Creative thinking, Interpersonal Relationship

Month/Topic	Theory	Practical/Project	Miscellaneous
Topic: Constructor and Destructor	 Destructor Special Characteristics Declaration and definition of destructor 	 Showdata() - to display the details of the entire class. Define a class Photo in C++ with following specifications: Private members: PNo, Category, Exhibit FixExhibit() to assign Exhibition Category as shown below: Category Exhibit Antique Zaveri Modern Johnsen Classic Terenida Public Members: Register () to allow user to enter values Pno, Category and call FixExhibit() function ViewAll() // A function to display all the data members 	Project work Converting structure into classes in the projects developed in class XI and define constructor
Topic: Inheritance	 Concept of Inheritance Base Class Derived classes Visibility mode Private Protected Public Privately derived, publicly derived and protectedly derived class accessibility of members from objects and within derived class (es) Single level inheritance Multilevel Inheritance 	 Define a class Shape with following specifications: Protected members: width integer, height integer Public members: Set_width() function to assign the data member width with the help of a parameter passed as an argument to the function. Set_height() function to assign the data member height with the help of a parameter passed as an argument to the function.	 Assignment Theory based questions on Single Inheritance Programming on single inheritance Discussion of Scoring Points/ Marking Scheme/ Sample Questions Art Integration Draw diagrams to show different types of inheritance Core Skills: Problem solving, Creative thinking, Interpersonal Relationship

Month/Topic	Theory	Practical/Project	Miscellaneous
Topic: Inheritance	Multilevel Inheritance (contd.)	Public members: • getdata() function to accept data members from the user • display() function to display data members on the screen Define a class programmer derived from class employee with following specifications: Data members: no_lang integer Public members: • getdata() function to accept data members from the user • display() function to display data members on the screen	Assignment Theory based questions on Multiple Inheritance Theory based questions on Multilevel Inheritance Programming on multiple and multilevel inheritance Discussion of Scoring Points/ Marking Scheme/
	Multiple Inheritance	 3. Define a class person with following specifications: Data members: Name, address Public members: getdata() function to accept the values of data members from the user display() function to display the values of data members on the screen Define a class deptt derived from class person with following specifications: Data members: Deptt_Id, deptt_name, Work_assigned, days_complete Public members: getdata() function to accept the values of data members from the user display() function to display the values of data members on the screen Define a class employee derived from class person and deptt with following specifications: 	 Sample Questions Art Integration: Draw diagrams to show different types of inheritance Core Skills: Problem solving, Creative thinking, Interpersonal Relationship
		Data members: emp_Id, salary Public members: • getdata() function to accept data members from the user • display() function to display the values of data members	

Month/Topic	Theory	Practical/Project	Miscellaneous
Topic: Pointers	 Introduction to Pointer Declaration and Initialization of Pointer Dynamic memory allocation/ deallocation operators: new, delete Pointers and Arrays Array of Pointers Pointer to an array (1d array) Function returning a pointer Reference variables and use of alias Function call by reference Pointer to structure: De-reference/ Deference operator: *, -> Self-referential structure 	 Write a function set_big() having two integer type arguments passed by reference. The function sets the bigger of the two to -1. Also, call this function from main(). Write a function swap() having two integer type arguments passed by reference. The function swaps the two given arguments. Also, call this function from main(). 	 Assignment Pointers (output based questions and programming) Discussion of Scoring Points/ Marking Scheme/ Sample Questions Art Integration Draw diagrams to show memory allocation in arrays
May No. of periods: 25 Topic: Data File Handling	 Need for a data file Types of data files – Text file and Binary file Text File: Basic file operations on text file Creating/Writing text into file Reading and Manipulation of text from an already existing text File (accessing character by character). 	 Write a function in C++ create_txt() to create a text file "book.txt" and write two sentences about yourself. Write a function which initializes a string variable to the content "Time is a great healer" and output the string one character at a time to the disk file "OUT.TXT". Include all the header files required. Write a function in C++ read_txt() to read from a text file "book.txt" and show one character at a time on screen. Write a function in C++ char_txt() to read from a text file "book.txt" and count number of characters in it. Write a function in C++ digit_txt() to read from a text file "book.txt" and count number of digits in it. Write a function in C++ count_txt() to read from a text file "book.txt" and count number of capital alphabets, small alphabets, digits and other characters in it. Write a function in C++ text_size() that displays the size of a file in bytes. 	 Assignment Text file (creation of text file and manipulation of a text file character by character) Discussion of Scoring Points/Marking Scheme/Sample Questions Core Skills:

Month/Topic	Theory	Practical/Project	Miscellaneous
Topic: Data File Handling	 Text File: Basic file operations on text file Manipulation of text File (character by character). Reading and Manipulation of text File (accessing line by line). 	 Write a function in C++ vowel_txt() to read from a text file "book.txt" and count number of vowels in it. Write a function in C++ copy_txt() to read from a text file "book.txt" and write to a text file called "NEW.TXT". Write a function display line by line from a text file "book.txt". Write a function count number of lines from a text file "book.txt". Write a function count number of lines starting / not starting with 'A' from a text file "book.txt". 	• Assignment O Text file (manipulat ion of a text file line by line and word by
	 Reading and Manipulation of text File (accessing word by word). 	 Write a function in C++ word_txt() to read from a text file "book.txt" and count number of times "is" appears (as an independent word) in it. Write a function in C++ word_txt() to read from a text file "book.txt" and count number of words starting with 't' in it. Write a function in C++ to count and display the no of four letter words in the file "words.txt" 	word) o Binary File Discussion of Scoring Points/
	 Binary File Creation of file Writing data into file Searching for required data from file Appending data to a file Insertion of data in sorted file Deletion of data from file Modification of data in a file Components of C++ to be used with file handling: Header file: fstream.h; ifstream, ofstream, classes; Opening a text file in—in, out, and app modes Using cascading operators (>>,<<) for writing text to the file and reading text from the file 	 Assuming the class EMPLOYEE given below, write functions in C++ to perform the following: (i) Write the objects of class EMPLOYEE to a binary file at the bottom (ii) Read the objects of class EMPLOYEE from binary file and display them on screen class EMPLOYEE { int ENO; char ENAME [30]; public: void GETIT() { cin>> ENO; gets(ENAME); } void SHOWIT() { cout<< ENO <<"," << ENAME; } }; Write main() to display menu having the above mentioned choices and call the appropriate functions accordingly. Write a function to write record of a class 'student' to a binary file. Write a function to read objects from a binary file and show on screen. Write a function to read the objects of class 'student' from a binary file and show the records of students whose marks are between 50 and 75. Write a function to modify the record of 'Akash' in a binary file. Write a function to delete the record of 'Mohit' from a binary file. 	Marking Scheme/ Sample Questions

Month/Topic	Theory	Practical/Project	Miscellaneous
July No. of periods: 39 Topic: Data File Handling	 open(), get (), read (), put (), write(), getline() and close() functions Detecting end-of-file (with or without using eof() function), tellg(), tellp(), seekg(), seekp() 	Revision of Practical on the given topic. Project 1. Writing the object to binary file in append mode 2. Reading objects from binary file, searching for specific records and displaying the records on screen. 3. Updating specific records in a binary file. 4. Deleting the records from binary file.	 Discussion of Scoring Points/ Marking Scheme/ Sample Questions Core Skills: Problem solving, Creative thinking, Empathy, Interpersonal Relationship
Topic: Arrays	 Introduction to data structure- array, stack queues primitive and non-primitive data structure, linear and non-linear structure, static and dynamic data structure. One and two dimensional arrays Sequential allocation and address calculation One dimensional array Traversal Searching (Linear, Binary) Insertion of an element in an array Deletion of an element from an array Sorting (Insertion, Selection, Bubble) 	 Write a C++ program to perform linear search in a 1-D array. Write a C++ program to perform binary search in a 1-D array. Write a C++ program to arrange the numbers in ascending order using bubble sort Write a C++ program to arrange the numbers in descending order using selection sort Write a C++ program to arrange the numbers in ascending order using insertion sort Write a C++ program to merge two sorted arrays in third one. 	 Assignment Arrays (address calculation, binary search, sorting, merging) Discussion of Scoring Points/ Marking Scheme/ Sample Questions Art integration Draw diagram to show memory allocation of one dimensional arrays Inter disciplinary linkage: Mathematics Core Skills: Problem solving, Creative thinking, Interpersonal Relationship
	 Two-dimensional arrays Traversal Finding sum/difference of two NxM arrays containing numeric values Interchanging Row and Column elements in a two-dimensional array 	Write function in C++ to 1. add two 2-D arrays 2. multiply two 2-D arrays 3. insert an element in a sorted array 4. delete an element from an Array 5. find sum of diagonal elements in a 2-D array 6. find row/column sum of elements in a 2-D array.	 Assignment Programming in 2d Arrays Discussion of Scoring Points/ Marking Scheme/ Sample Questions Art integration Diagram to show memory allocation of 2D arrays

Month/Topic	Theory	Practical/Project	Miscellaneous
August No. of periods: 37 Topic: Stack Topic: Queue	 Introduction to stack LIFO (Last in First out) Operations on stack (PUSH and POP) and its Implementation Converting expressions from INFIX to POSTFIX notation and evaluation of Postfix expression Introduction to Queue 	 Write a C++ program to implement stack as an array. Write a C++ program to implement stack as a link list. Write a C++ program to implement queue 	 Assignment Conversion of infix expressions to postfix Evaluation of postfix expression using a stack Programs on stacks and queues Audio / Video PPT and Video on stack & queue
	 FIFO (First in First out operations) Operations on Queue (Insert and Delete and its Implementation in C++ Circular queue using array. 	 as an array. Write a C++ program to implement queue as a link list. Write a C++ program to implement circular queue as an array. 	 Discussion of Scoring Points/ Marking Scheme/ Sample Questions Art integration Draw diagrams to show working of stack and queue Inter disciplinary linkage: Mathematics Core Skills: Problem solving, Creative thinking, Interpersonal Relationship
September		Half Yearly Examination	
October No. of periods: 30 Topic: Data base Concepts	 Introduction to database concepts and its need. Relational data model: Concept of domain, tuple, relation, key, primary key, alternate key, candidate key. Relational algebra: Selection, Projection, Union and Cartesian product 	Write SQL commands for the following: 1. Create following table: items with Itemno as primary key. Iname should not be blank. Itemno Iname Price Quantity 101 Soap 50 100 102 Powder 100 50	 Audio / Video PPT on Relational Data Model Discussion of Scoring Points/
Topic: Structured Query Language	 General Concepts: Advantages of using SQL, DDL and DML Data Types: Number/Decimal, Character/Varchar/ Varchar2, Date SQL Commands: Create Table, Drop Table, Alter Table 	103 Cream 150 25 104 Pen 50 200 105 Soap box 20 100 2. add a column date_purchase of type 'date' 3. change the width of Iname to 25 characters. 4. remove field date_purchase. 5. remove the structure of Items table.	 Marking Scheme/ Sample Questions Art integration Draw diagrams to show relational data model Inter disciplinary linkage: Mathematics Core Skills: Problem solving, Creative thinking

Month/Topic	Th	eory	Pract	ical/Project						Miscellaneous
Topic: Structured Query Language	•	SQL COMMANDS: UPDATESET, INSERT, DELETE,	1. Cre	eate a table fli	ight with follo	owing structure:	Ta	ıble: FLIGHT		 Assignment SQL (writing SQL commands
		SELECT, DISTINCT, FROM, WHERE, IN, BETWEEN, GROUP		L_NO 0 characters)	STARTING (90 character	ENDING (90 characters		NO_FLIGHTS (Integer)	NO_STOPS (Integer)	for the given querries o Finding output of
		BY, HAVING, ORDER BY	2. Ins			with following				SQL commandsDiscussion of Scoring Points/
	•	SQL functions: SUM(FL_NO	STARTING	ENDING		IO_FLIGHTS	NO_STOPS	Marking Scheme/
), AVG(), COUNT(),		IC301	Mumbai	Delhi	8		0	Sample Questions
		MAX() and MIN()		IC799	Bangalore	Delhi	2		1	Inter disciplinary
	•	Obtaining results		MC101	Indore	Mumbai	3		0	linkage: Mathematics
		(SELECT query) from		IC302	Delhi	Mumbai	8		0	• Core Skills:
		2 tables using equi-		AM812	Kanpur	Bangalore	3		1	Problem solving,
		join, Cartesian Product		IC899	Mumbai	Kochi	1		4	Creative thinking
		and Union		AM501	Delhi	Trivandrum	1		5	1
				MU499	Mumbai	Madras	3		3	1
				IC701	Delhi	Ahmedabad	_		0	
			3. Cre			n following struc				
				FL_NO		RLINES		ARE TAX		
				(90 cha	racters) (9	0 characters)	(in	iteger) (inte	ger)	
			4. Ins			with following	valu		I ma v	
				FL_NO		RLINES		FARE	TAX	
				IC701		ian Airlines		6500	10	
				MU499		ara		10400	5	
				AM501		Airways		13450	8	
				IC302		ian Airlines		4300	10	
				IC799		ian Airlines		10500	10	
				MC101	De	ccan Airlines		3500	4	

Month/Topic	Theory	Practical/Project	Miscellaneous
Topic: Structured Query Language		 Display FL_NO and number of flights from Kanpur to Bangalore from table Flight. Arrange the contents of the table flight in ascending order of flight no. Display the details of those Flights whose destination is Mumbai. Display the details of those Flights which are not stopping in-between. Display details of Flights where no_flights are not more than 5 in descending order of FL_NO. Display the minimum fare offered by "Indian Airlines". Display the FL_NO and fare to be paid for the flights from DELHI using the tables FLIGHT and FARE, where fare to be paid = FARE + FARE x TAX/100 Count number of flights from Delhi. Find the average fare of Indian Airlines. Count number of flights whose FL_NO starts with "I". Increase the fare of "Sahara" Airlines by 1000. Delete the record of "India Airlines". Display FL_NO, STARTING, ENDING from FLIGHT table, AIRLINES, FARE from FARE table according to their matching FL_NO. 	 Assignment SQL (writing SQL commands for the given querries Finding output of SQL commands Discussion of Scoring Points/ Marking Scheme/ Sample Questions Inter disciplinary linkage: Mathematics Core Skills: Problem solving, Creative thinking, Interpersonal Relationship
November No. of periods: 36 Topic: Boolean Algebra	Role of Logical Operations in Computing. Binary-valued Quantities Boolean Variable, Boolean Constant and Boolean Operators: AND, OR, NOT Truth Tables Closure Property, Commutative Law, Associative Law, Identity law, Inverse Law, Principle of Duality, Idempotent Law, Distributive Law, Absorption Law, Involution		 Assignment Boolean Algebra Discussion of Scoring Points/ Marking Scheme/ Sample Questions

Month/Topic	Theory	Practical/ Project	Miscellaneous
	 Law, DeMorgan's Law and their applications Obtaining Sum of Product (SOP) and Product of Sum (POS) form from the Truth Table Reducing Boolean Expression (SOP and POS) to its minimal form. Use of Karnaugh Map for minimization of Boolean expressions (up to 4 variables). Application of Boolean Logic: Digital electronic circuit design using basic Logic Gates (NOT, AND, OR, NAND, NOR), Use of Boolean operators (NOT, AND, OR) in search engine queries. 	-	 Inter disciplinary linkage: Mathematics Core Skills: Problem solving, Creative thinking, Interpersonal Relationship
Topic: Communication Technologies	 Evolution of Networking: ARPANET, Internet, Interspace. Different ways of sending data across the network with reference to switching techniques (Circuit and Packet switching). Data Communication terminologies: Concept of Channel, Bandwidth (Hz, KHz, MHz) and Data transfer rate Transmission media: Twisted pair cable, coaxial cable, optical fiber, infrared, radio link, microwave link and satellite link. Network devices: Modem, RJ45 connector, Ethernet Card, Router, Repeater, Switch, Gateway, wifi card Network Topologies and types: Bus, Star, Tree, PAN, LAN, WAN, MAN. Network Protocol: TCP/IP, File Transfer Protocol (FTP), PPP, SMTP, POP3, Remote Login (Telnet), Internet Wireless/Mobile Communication protocol such as GSM, CDMA, GPRS, WLL. Mobile Telecommunication Technologies: 1G, 2G, 3G and 4G Electronic mail protocols such as SMTP, POP3, protocols for Chat and Video Conferencing VOIP Wireless technologies such as Wi-Fi and WiMax Network Security Concepts: Threats and prevention from Viruses, Worms, Trojan horse, Spams; Use of Cookies, Protection using Firewall. India IT Act, Cyber Law, Cyber Crimes, IPR issues, hacking. 	-	 Assignment Communication Technologies Audio / Video Video on Evolution of networking and switching techniques Video on transmission media Video on network devices Video on Network Topologies and types of networks Discussion of Scoring Points/ Marking Scheme/ Sample Questions Art Integration Draw diagrams to show different types of topologies Core Skills: Empathy, Interpersonal Relationship

Month/Topic	Theory	Practical/ Project	Miscellaneous
Topic: Communication Technologies	• Introduction to Web services: WWW, Hyper Text Markup Language (HTML), eXtensible Markup Language (XML), Hyper Text Transfer Protocol (HTTP), Domain Names, URL, Website, Web browser, Web Servers, Web Hosting, Web Scripting - Client side (VB Script, Java Script, PHP) and Server side (ASP, JSP, PHP), Web 2.0 (for social networking), E-commerce payment transactions using online banking, mobile banking and payment apps and services.	-	 Assignment Communication Technologies Discussion of Scoring Points/ Marking Scheme/ Sample Questions Core Skills: Empathy, Interpersonal Relationship
December	Pre Board Examination		
January	Revision		
February	Revision		
March	Annual Examination		

EXAMINATION SYLLABUS

PERIODIC TEST - 1

Unit 1: Object Oriented Programming with C++

- ➤ Chapter 1 Review of C++
- > Chapter 2 Concept of Object Oriented Programming
- ➤ Chapter 3 Classes and Objects
- ➤ Chapter 4 Constructor and Destructor
- ➤ Chapter 5 Inheritance
- > Chapter 6 Pointers

HALF YEARLY EXAMINATION

Unit 1: Object Oriented Programming in C++

Unit 2: Data Structures: Arrays

PRE-BOARD EXAMINATION

Full syllabus

NOTE: There will be a class test and assignment after every chapter.

Curriculum Plan of Physical Education (Session: 2019-2020)

Month	Sub Topic	Audio Visual	Practical	Miscellaneous
Topic		Inputs		
April Topic: Planning in Sports No. of periods:	 Meaning & Objectives of Planning Various Committees & its Responsibilities (pre; during & post) Tournament – Knock-Out, League Or Round Robin & Combination Procedure to Draw Fixtures – Knock-Out (Bye & Seeding) & League (Staircase & Cyclic) Intramural & Extramural – Meaning, Objectives & Its Significance Specific Sports Programme (Sports Day, Health Run, Run For Fun, Run For Specific Cause & Run For Unity) 	Video on Knock out & League tournament. Specific sports Programme.		 Assignment Discussion of Scoring Points/ Marking Scheme/ Sample Questions
Topic: Sports & Nutrition	 Balanced Diet & Nutrition: Macro & Micro Nutrients Nutritive & Non-Nutritive Components of Diet Eating for Weight Control – A Healthy Weight, The Pitfalls of Dieting, Food Intolerance & Food Myths 	Video on Balanced Diet		
Topic: Yoga & Lifestyle	 Asanas as preventive measures Obesity: Procedure, Benefits & contraindications for Vajrasana, Hastasana, Trikonasana, Ardh Matsyendrasana Diabetes: Procedure, Benefits & contraindications for Bhujangasana, Paschimottasana, Pavan Muktasana, Ardh Matsyendrasana Asthema: Procedure, Benefits & contraindications for Sukhasana, Chakrasana, Gomukhasana, Parvatasana, Bhujangasana, Paschimottasana, Matsyasana Hypertension: Tadasana, Vajrasana, Pavan Muktasana, Ardha Chakrasana, Bhujangasana, Sharasana Back Pain: Tadasana, Ardh Matsyendrasana, Vakrasana, Shalabhasana, Bhujangasan 	Video on Procedure, Benefits on yoga with lifetime disease		

Month	Sub Topic	Audio Visual	Practical	Miscellaneous
Topic		Inputs		
Topic: Physical Education & Sports for CWSN (Children With Special Needs - Divyang)	 Concept of Disability & Disorder Types of Disability, its causes & nature (cognitive disability, intellectual disability, physical disability) Types of Disorder, its cause & nature (ADHD, SPD, ASD, ODD, OCD) Disability Etiquettes Advantage of Physical Activities for children with special needs Strategies to make Physical Activities assessable for children with special need 	Video on Differentiations Between Disability & Disorder		 Assignment Discussion of Scoring Points/ Marking Scheme/ Sample Questions
May Topic: Children & Women in Sports	 Motor development & factors affecting it Exercise Guidelines at different stages of growth & Development Common Postural Deformities - Knock Knee; Flat Foot; Round Shoulders; Lordosis, Kyphosis, Bow Legs and Scoliosis and their corrective measures Sports participation of women in India Special consideration (Menarch & Menstural Disfunction) Female Athletes Triad (Oestoperosis, Amenoria, Eating Disorders) 	Video on Common Postural deformities in children	Fitness tests administration for all items.	 Assignment Discussion of Scoring Points/ Marking Scheme/ Sample Questions
Topic Test & Measurement in Sports	 Motor Fitness Test – 50 M Standing Start, 600 M Run/Walk, Sit & Reach, Partial Curl Up, Push Ups (Boys), Modified Push Ups (Girls), Standing Broad Jump, Agility – 4x10 M Shuttle Run General Motor Fitness – Barrow three item general motor ability (Standing Broad Jump, Zig Zag Run, Medicine Ball Put – For Boys: 03 Kg & For Girls: 01 Kg) Measurement of Cardio Vascular Fitness – Harvard Step Test/Rockport Test - Computation of Fitness Index: Duration of the Exercise in Seconds x 100 5.5 x Pulse count of 1-1.5 Min after Exercise Rikli & Jones - Senior Citizen Fitness Test 1. Chair Stand Test for lower body strength 2. Arm Curl Test for upper body strength 3. Chair Sit & Reach Test for lower body flexibility 4. Back Scratch Test for upper body flexibility 5. Eight Foot Up & Go Test for agility 6. Six Minute Walk Test for Aerobic Endurance 	Video on Test & Measurement	Procedure for Asanas, Benefits & Contra- indication for any two Asanas for each lifestyle disease.	 Assignment Discussion of Scoring Points/ Marking Scheme/ Sample Questions

Month	Sub Topic	Audio Visual	Practical	Miscellaneous
Topic		Inputs		
July Topic: Physiology & Injuries in Sports	 Physiological factor determining component of Physical Fitness Effect of exercise on Cardio Respiratory System Effect of exercise on Muscular System Physiological changes due to ageing Sports injuries: Classification (Soft Tissue Injuries:(Abrasion, Contusion, Laceration, Incision, Sprain & Strain) Bone & Joint Injuries: (Dislocation, Fractures: Stress Fracture, Green Stick, 	Video on Sports injuries	Procedure for administering Senior Citizen Fitness Test for 5 elderly family members.	 Assignment Discussion of Scoring Points/ Marking Scheme/ Sample Questions
August Topic: Biomechanics & Sports	Communated, Transverse Oblique & Impacted) Causes, Prevention & treatment First Aid – Aims & Objectives Meaning and Importance of Biomechanics in Sports Types of movements (Flexion, Extension, Abduction & Adduction) Newton's Law of Motion & its application in sports Friction & Sports	Video on Components of biomechanics	Any one game of your choice out of the list above. Labelled diagram of field & equipment (Rules, Terminologies & Skills).	 Assignment Discussion of Scoring Points/ Marking Scheme/ Sample Questions
September	Half Yearly Exam	 mination	Skills).	
Topic: Psychology & Sports	 Personality; its definition & types – Trait & Types (Sheldon & Jung Classification) & Big Five Theory Motivation, its type & techniques Exercise Adherence; Reasons to Exercise, Benefits of Exercise Strategies for Enhancing Adherence to Exercise Meaning, Concept & Types of Aggressions in Sports 	Video on Big five theory, Aggressions in sports		 Assignment Discussion of Scoring Points/ Marking Scheme/ Sample
October Topic: Training in Sports	 Strength – Definition, types & methods of improving Strength – Isometric, Isotonic & Isokinetic Endurance - Definition, types & methods to develop Endurance – Continuous Training, Interval Training & Fartlek Training 	Video on all types of sports training		Questions

Month Topic	Sub Topic	Audio Visual Inputs	Practical	Miscellaneous
Topic: Training in Sports	 Speed – Definition, types & methods to develop Speed – Acceleration Run & Pace Run Flexibility – Definition, types & methods to improve flexibility Coordinative Abilities – Definition & types Circuit Training - Introduction & its importance 			 Assignment Discussion of Scoring Points/ Marking Scheme/ Sample Questions
November	Revision	1		-
December	Pre Board Examina	ation		
January	Revision			
February	Revision			
March	Annual Examinati	ion		

EXAMINATION SYLLABUS

PERIODIC TEST - 1

Unit 1

HALF YEARLY EXAMINATION

Units 1 to 7

PRE-BOARD EXAMINATION

Full Syllabus

NOTE: There will be a class test and assignment after every chapter.

अभिभावक कृपया ध्यान दें

- 1. स्कूल में अपना पता तथा टेलीफोन नंबर हमेशा सही-सही लिखवा कर रखें, जिससे की इमरजेंसी में आपसे बिना विलंब के संपर्क साधा जा सके | अपने बच्चे को स्कूल शुरू होने के आधे घंटे पहले तथा स्कूल ख़त्म होने के आधे घंटे बाद से ज्यादा देर तक स्कूल में न छोड़े |
- 2. अपने बच्चे का टिफिन अनजान व्यक्ति के हाथ से न भेजें, वह नहीं लिया जाएगा | अपने बच्चे को ले जाने के लिए अनजान व्यक्ति को न भेजें, उसके साथ बच्चा नहीं भेजा जाएगा |
- 3. कृपया बच्चे की फीस लोकल चैक से अप्रैल, जुलाई, अक्तूबर तथा जनवरी की दस तारीख तक जमा करवा दें / उसके बाद 1 रू. प्रतिदिन फाइन लगेगा / अगर आपका चैक किसी कारण से वापिस आता है तो 500 रूपये पेनल्टी तथा लेट फी फाइन लगेगा एवं फीस केवल ड्राफ्ट द्वारा ली जाएगी / दूसरी बार चैक नहीं लिया जाएगा /
- 4. देर से आने वाले बच्चों को वापिस भेज दिया जाएगा /

अभिभावक के हस्ताक्षर